Heme Metabolism and ROS



What is heme?

- heme is a coordination complex consisting of an iron ion coordinated to a porphyrin
- hemes are most commonly recognized as components of **hemoglobin**, but they are also found in a number of other hemoproteins such as myoglobin, **cytochromes**, and catalase
- heme is most synthesized in the liver and bone marrow













Types of Jaundice

- Yellow discoloration of the skin, earliest sign is scleral icterus
- Due to increase in bilirubin

Category	Definition
Pre-hepatic/hemolytic	The pathology is occurring prior to the liver, due to either:
	A. Intrinsic defects in red blood cells
	B. Extrinsic causes external to red blood cells
Hepatic/hepatocellular	The pathology is located within the liver caused due to disease of parenchymal cells of liver.
Post- hepatic/cholestatic	The pathology is located after the conjugation of bilirubin in the liver caused due to obstruction of biliary passage. ^[15]



Pre-hepatic/Hemolytic Jaundice



Hepatic/Hepatocellular Jaundice





Post-hepatic/Cholestatic Jaundice

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ROS Reactive Oxygen Species (free radicals)



Physiological Generation

- occurs during oxidative phosphorylation
 - Coenzyme Q is a major site of superoxide formation
 - Complex IV can partially reduce O2





- OXIDATIVE BURST
 - NADPH oxidase generates superoxide ions during oxygen-dependent killing
 - Chronic Granulomatous Disease (CDG) is characterized by poor O2- dependent killing
 - NADPH oxidase defect



Pathological Generation

- Ionizing Radiation water is hydrolyzed to hydroxyl free radical
- Inflammation
- Metals (i.e., *iron*, copper) Fe2+ generates hydroxyl free radicals via the *Fenton Reaction*
- Drugs and chemicals P450 system of liver metabolizes drugs (acetaminophen)





Damage

- cause cellular injury via
 - peroxidation of lipids
 - oxidation of proteins and DNA (oncogenisis and aging)





Elimination

- antioxidants (glutathione and vitamins A, C, and E)
- metal carrier proteins (transferrin, ceruloplasmin)
- protective enzymes
 - superoxide dismutase
 - glutathione peroxidase
 - catalase (peroxisomes)







Reperfusion Injury

- return of blood flow to ischemic tissue results in production of O2derived free radicals -> further damages tissue
- leads to a continued rise in cardiac enzymes (troponin)



SOD is one of the body's primary defense mechanisms against oxidative stress. The enzyme catalyzes which one of the following reactions?

A. $O_2^- + e^- + 2H^+ \rightarrow H_2O_2$ B. $2O_2^- + 2H^+ \rightarrow H_2O_2 + O_2$ C. $O_2^- + HO^{\bullet} + H^+ \rightarrow CO_2 + H_2O$ D. $H_2O_2 + O_2 \rightarrow 4H_2O$ E. $O_2^- + H_2O_2 + H_2O_2 + O_2$



A patient with chronic granulomatous disease, who is complaining of fever, dermatitis, and diarrhea, is seen in your clinic. The genetic form of this disease results in the inability to generate, primarily, which one of the following?

- A. Superoxide
- B. Hydrogen peroxide
- C. Reduced glutathione
- D. Hypochlorous acid
- E. Nitric oxide

