

Action Potential

💖 *By Michelle Kaminski* 💖

What We Will Learn!

1. Orientation and Resting Membrane Potential
2. Action potential
 - a. Depolarization
 - b. Repolarization
 - c. Hyperpolarization
3. Refractory Periods
4. WooClap

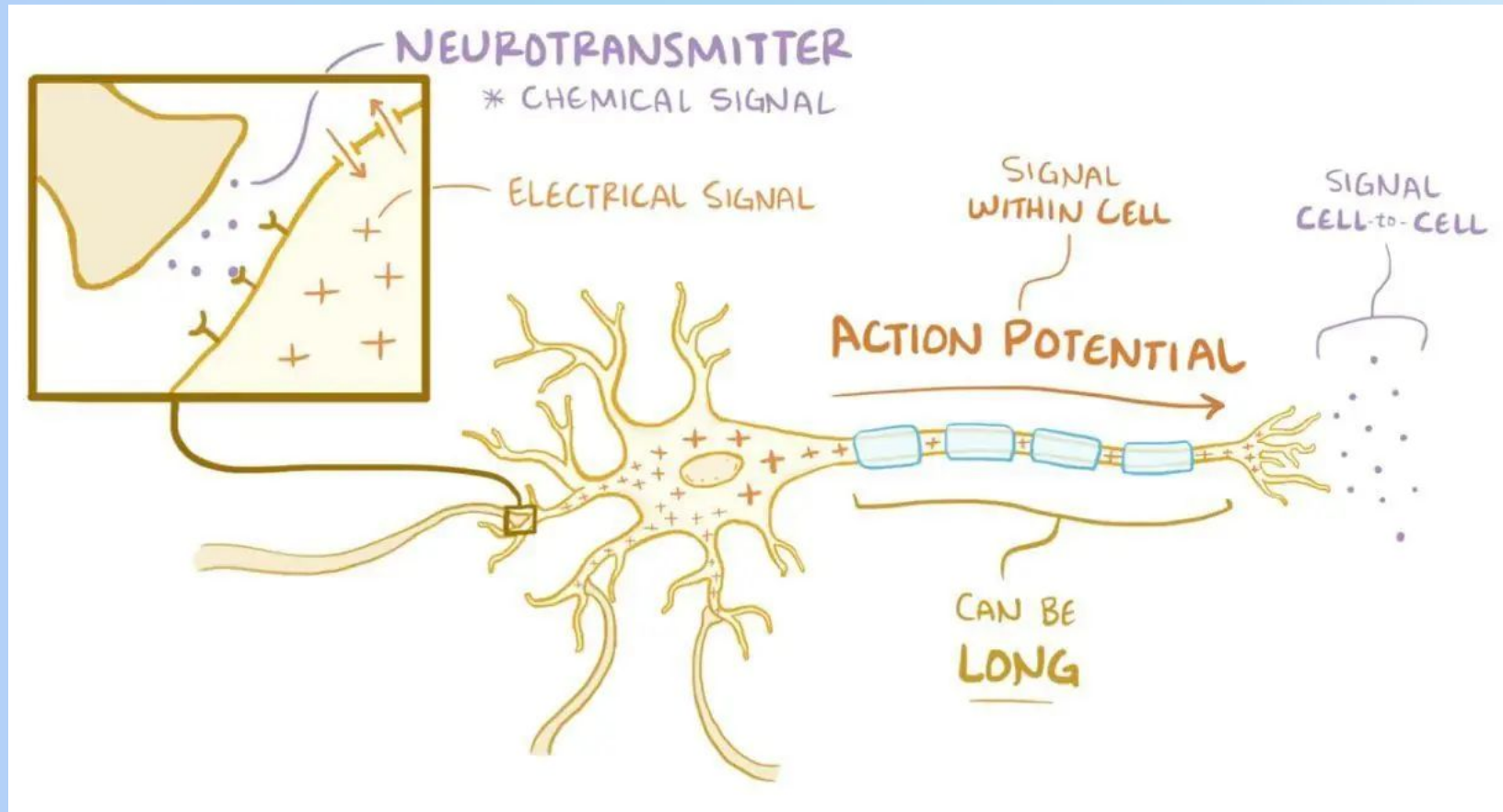
Neurons
generating
action
potentials
all the time



Neurons trying
to understand
how action
potential
actually works



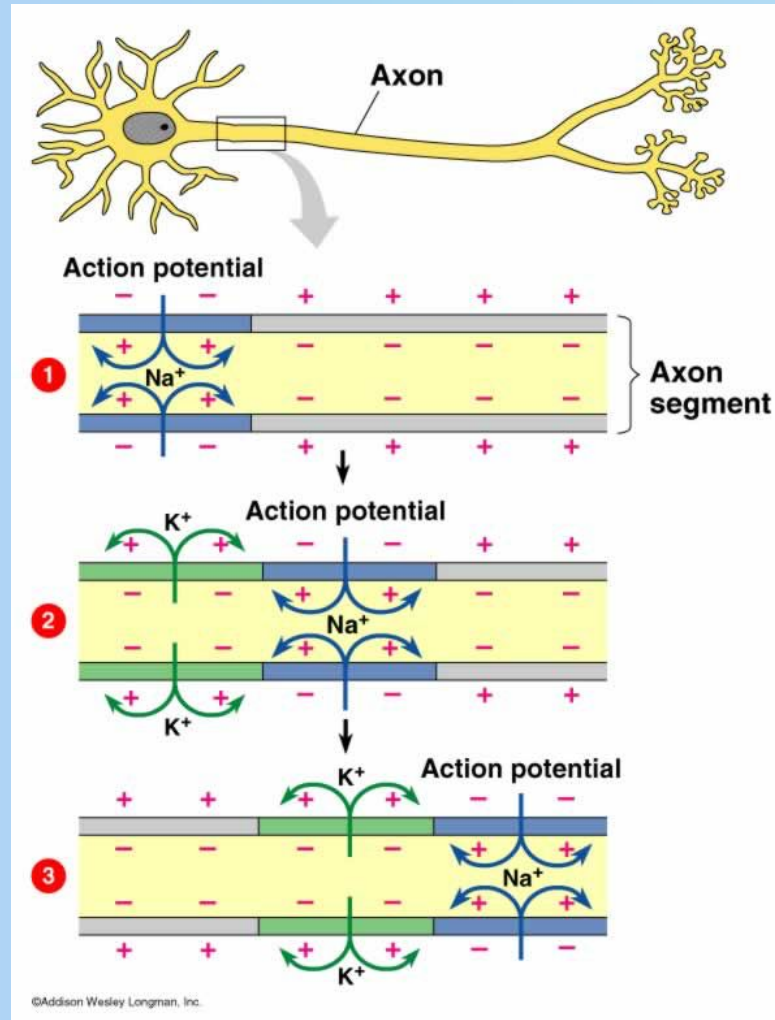
Lets get Oriented!



Lets get Oriented!

Na⁺ = ECM

K⁺ = cytoplasm



Membrane potential:

The difference in voltage between in inside and outside of the cell.

This difference in voltage is caused by an uneven distribution of ions (**Na⁺**, **K⁺**, Cl⁻, etc.) across the cell membrane.

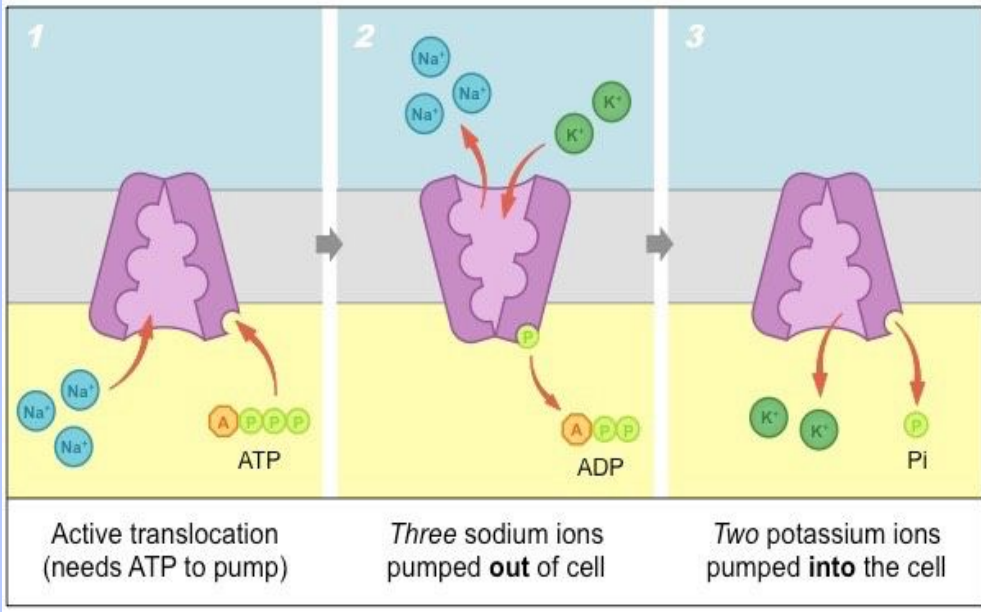
Resting Potential:

The stable membrane potential when the cell is not active.

In Neurons: **-70 mV**

But how does it stay resting???

Sodium - Potassium Pump: 3 Na⁺ out ; 2 K⁺ in

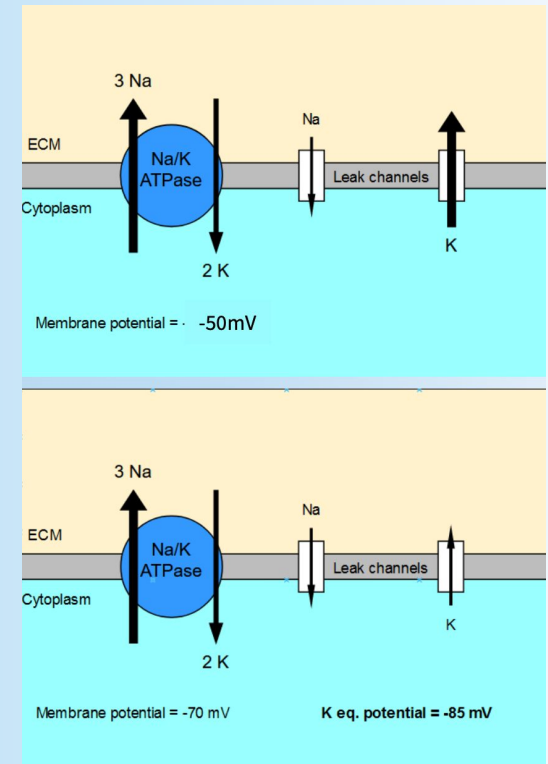


Na⁺-K⁺ ATPase pumps 3 Na⁺ out and 2K⁺ in using 1 ATP

NOW NEGATIVE CHARGE HAS BEEN BORN

K⁺ Leak channel has a high conductance so it allows more K⁺ to flow out and make cell even **more negative!!**

Na⁺ leak channel has much lower conductance.



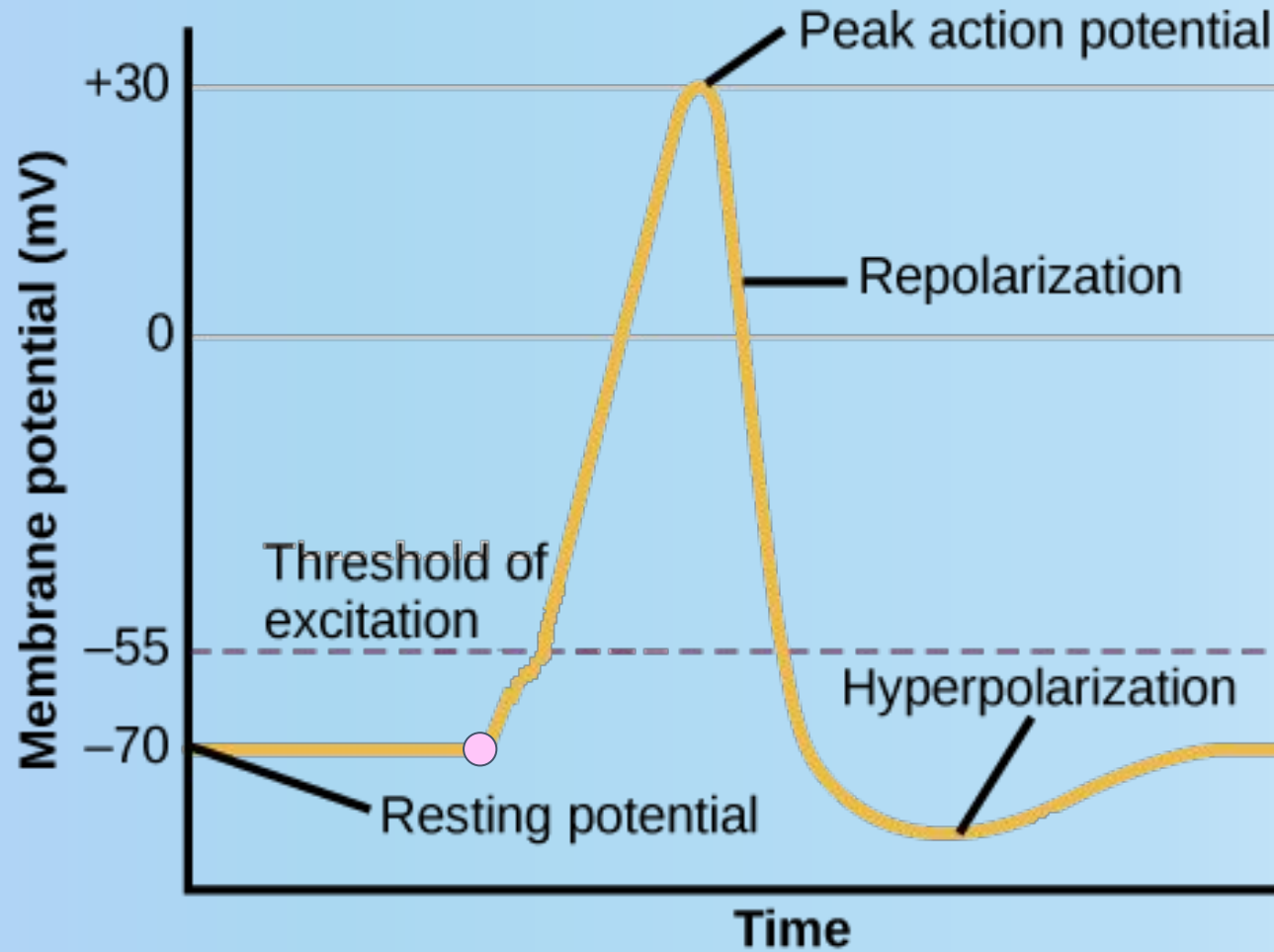
“WHERE DAFUC DA FUNCTIONNNN”
- Drake 2025



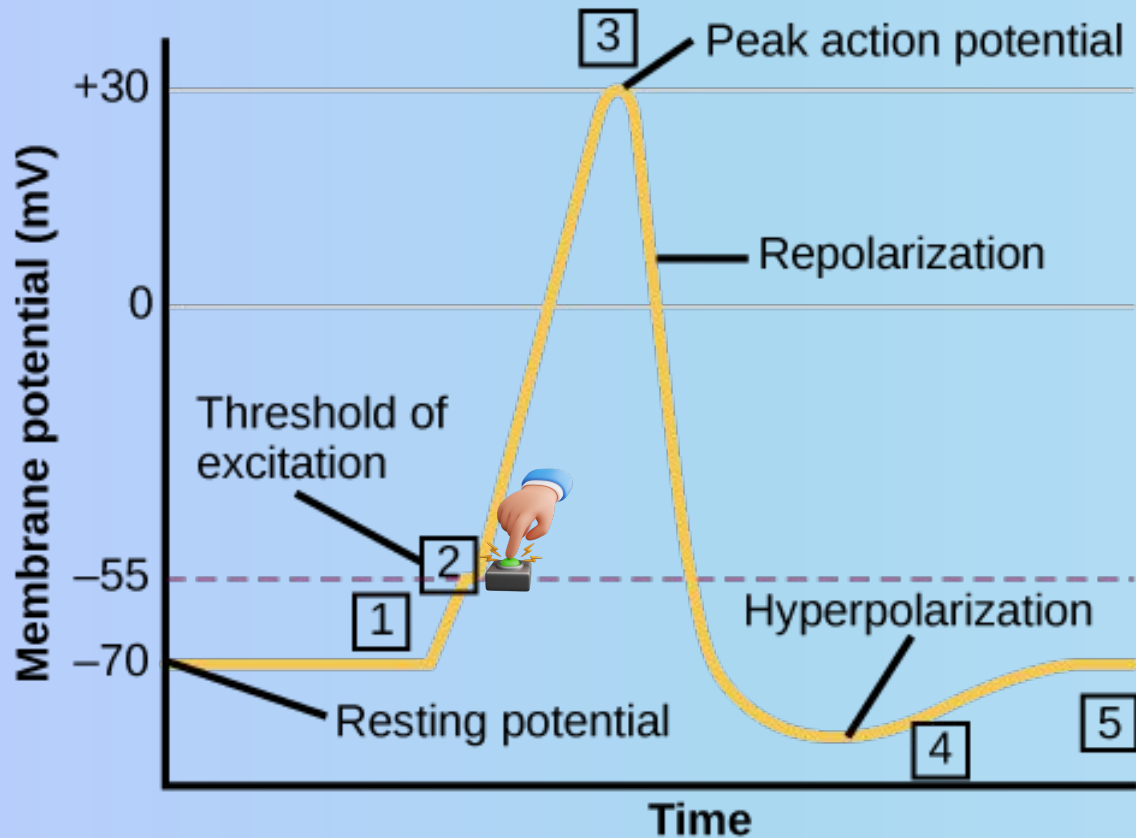
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Action Potential



Depolarization



1. THRESHOLD STIMULUS IS RECEIVED!!

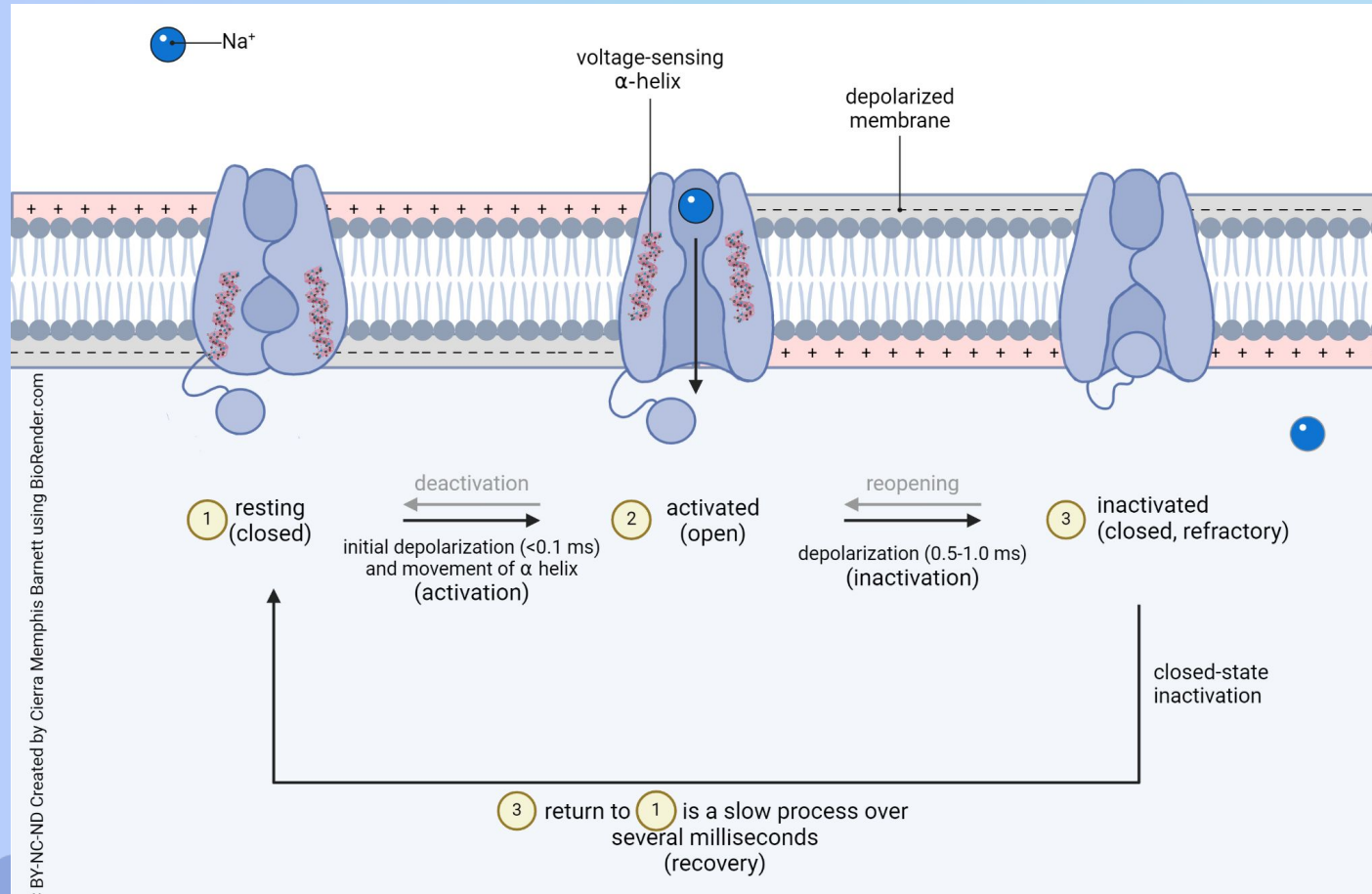
- Finally the neuron got a stimuli big enough to start an action potential

2. Cell Membrane Threshold is reached!

- VG Na⁺ are now open and Na⁺ will rush into the cell

Voltage gated Na⁺ Channels are open !!

Voltage Gated Channels

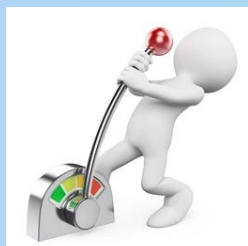


Na⁺ voltage gated channels: Open, Closed, Inactivated

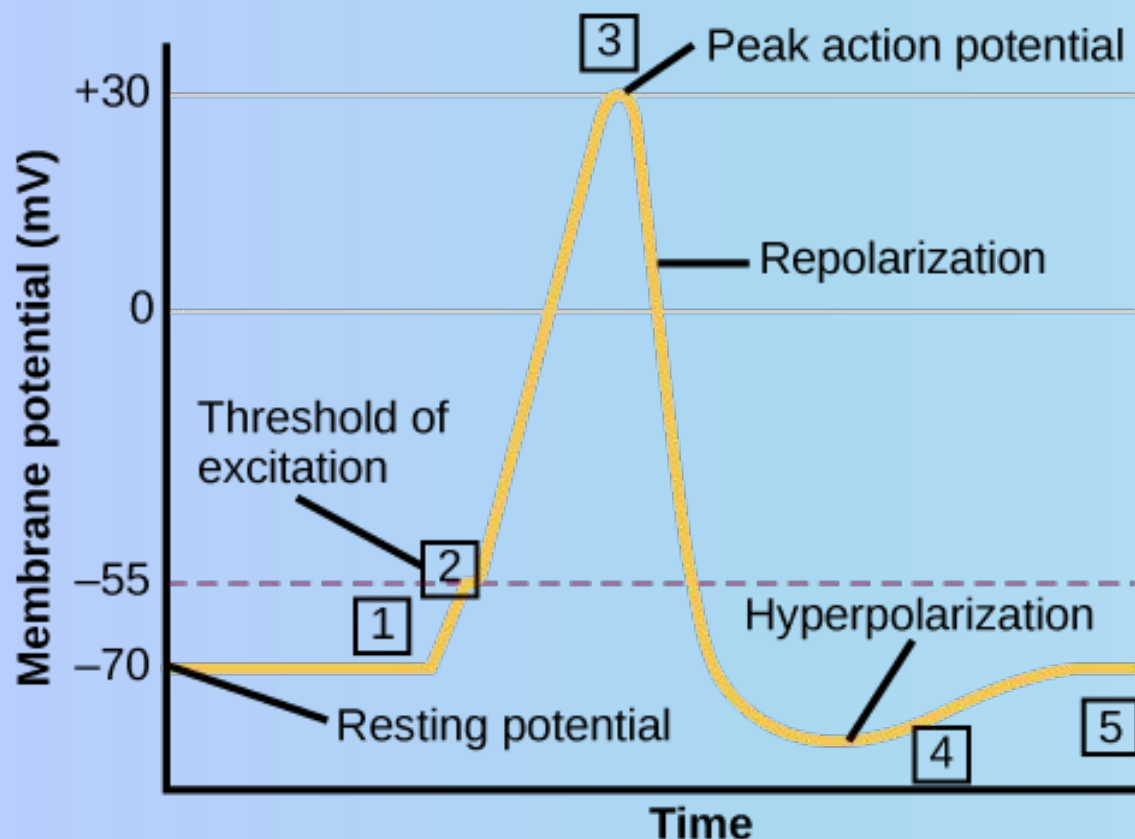


K⁺ voltage gated channels: Open and Closed.





Repolarization



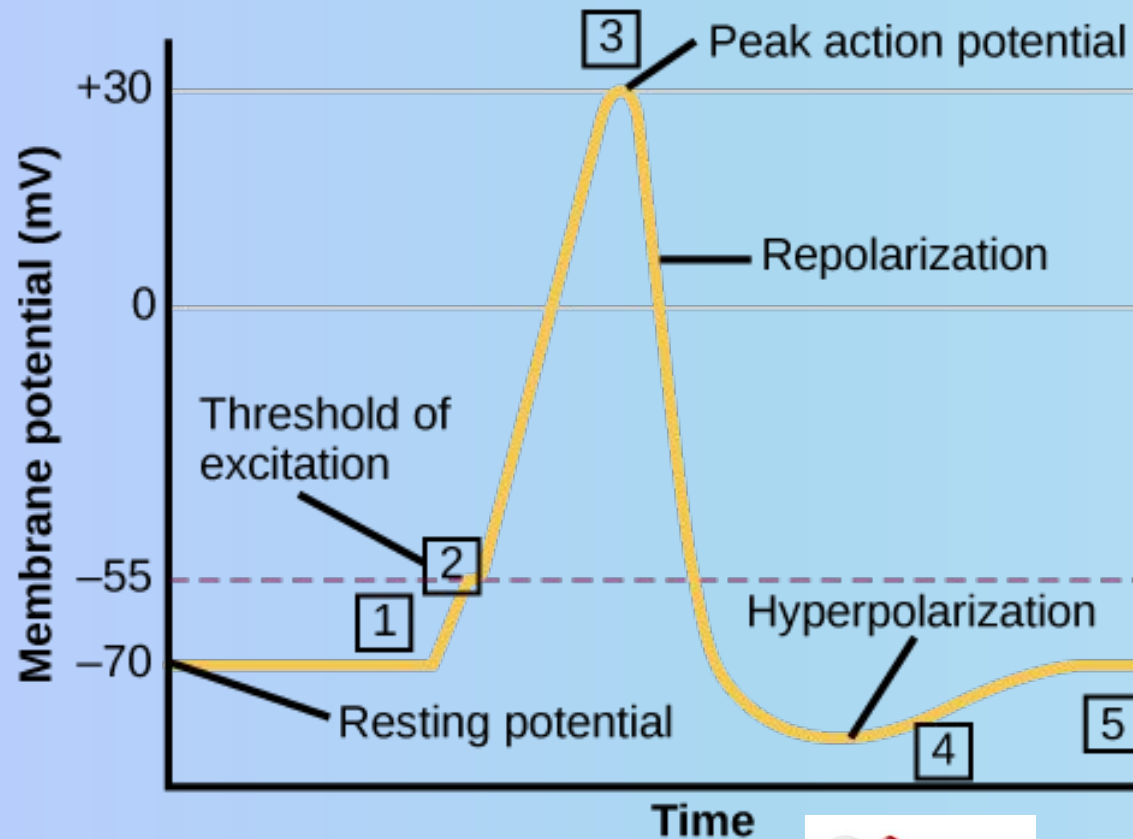
3. Cell Membrane Overshoots into ~30mV.

- VG Na⁺ Channels become **INACTIVATED**, and sodium flow into cell halts
- VG K⁺ Channels **SLAM OPEN** and K⁺ rushes out of the cell.

VG Na⁺ Channels are Closed.

VG K⁺ Channels are Open!

Hyperpolarization

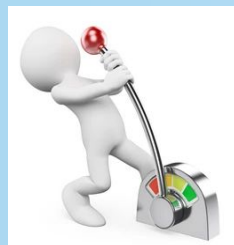


4. K^+ Channels are so hard to close!!

- a. K^+ continues to flow out of the cell until membrane potential become hyperpolarized

5. Once Hyperpolarized, K^+ Channels are now forced to shut.

- a. To restore balance, our handy Na^+-K^+ ATPase comes back into play! Slowly but surely, $3+$ out and $2+$ in.



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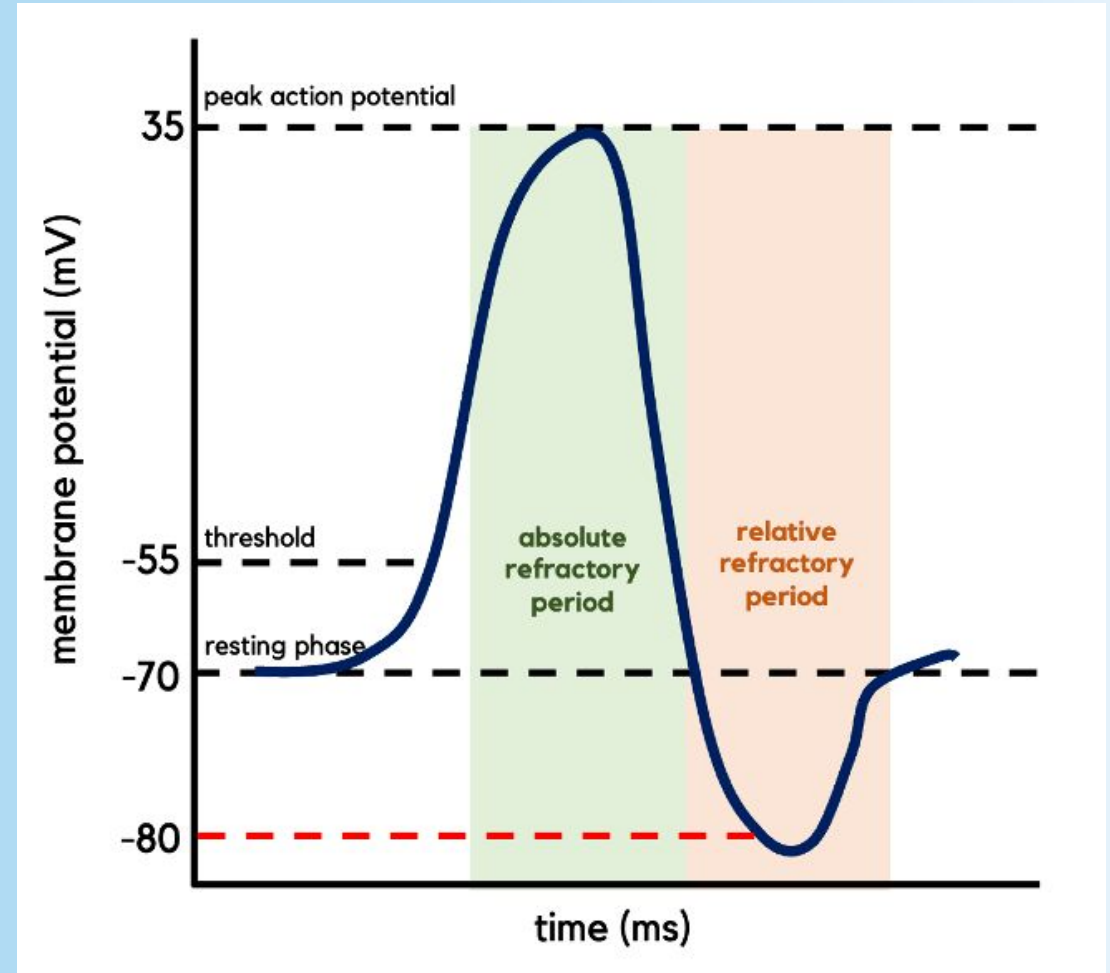
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Refractory Periods

Absolute Refractory period

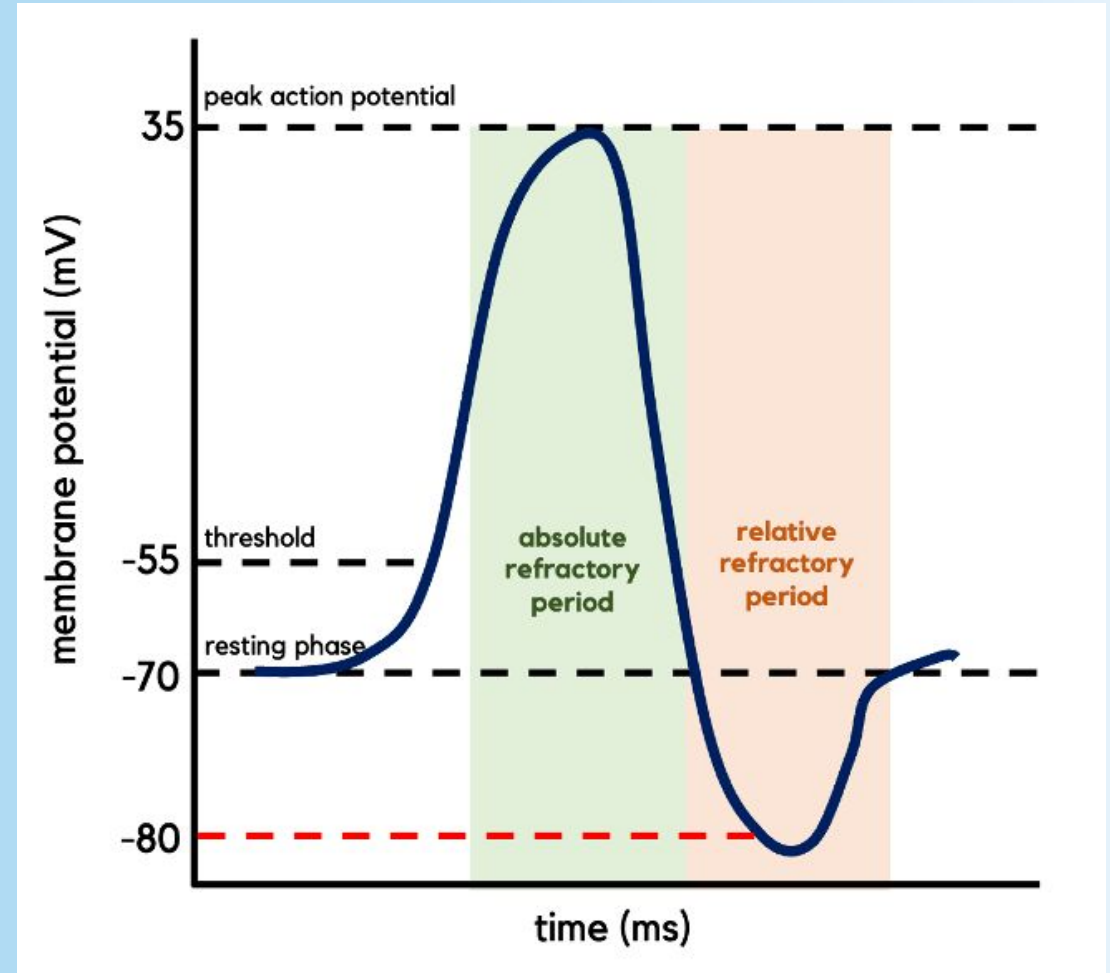
- When Na⁺ channels close their inactivation gate, An action potential is **impossible** at this time.
- No amount of stimulus can activate another action potential
- This prevents the action potential from moving backwards on the axon



Refractory Periods

Relative Refractory Period

- After some time the inactivation gate on the Na⁺ channel opens.
- The activation gate can open at the threshold potential.
- Some Na⁺ channels take longer to re-activate.
- Open K⁺ channels make it very difficult to reach the threshold.



WOOLAPPP