

Overview of Kidney

By Adriana Nudga

Check list

Kidney overview

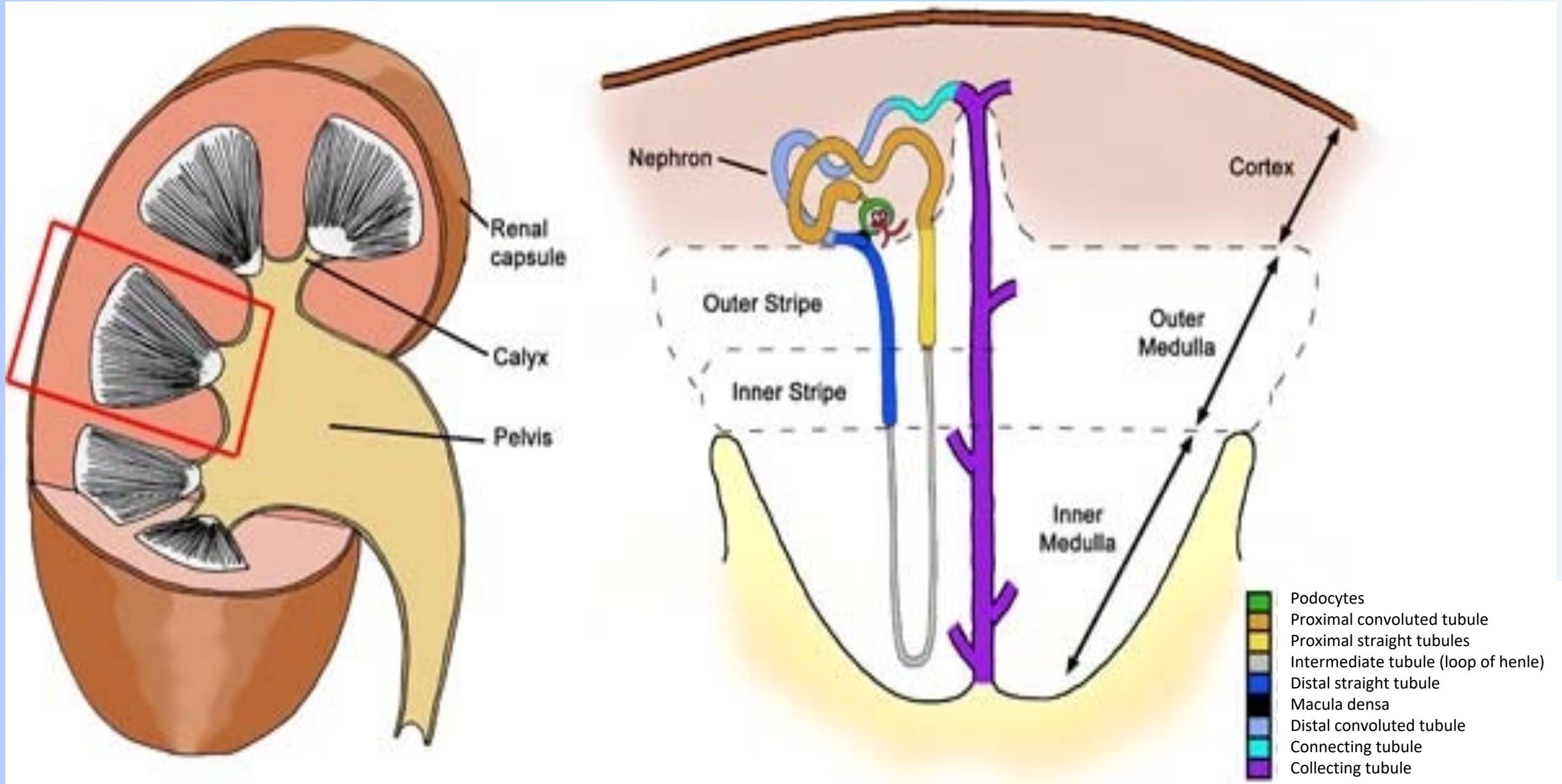
Osmolarity

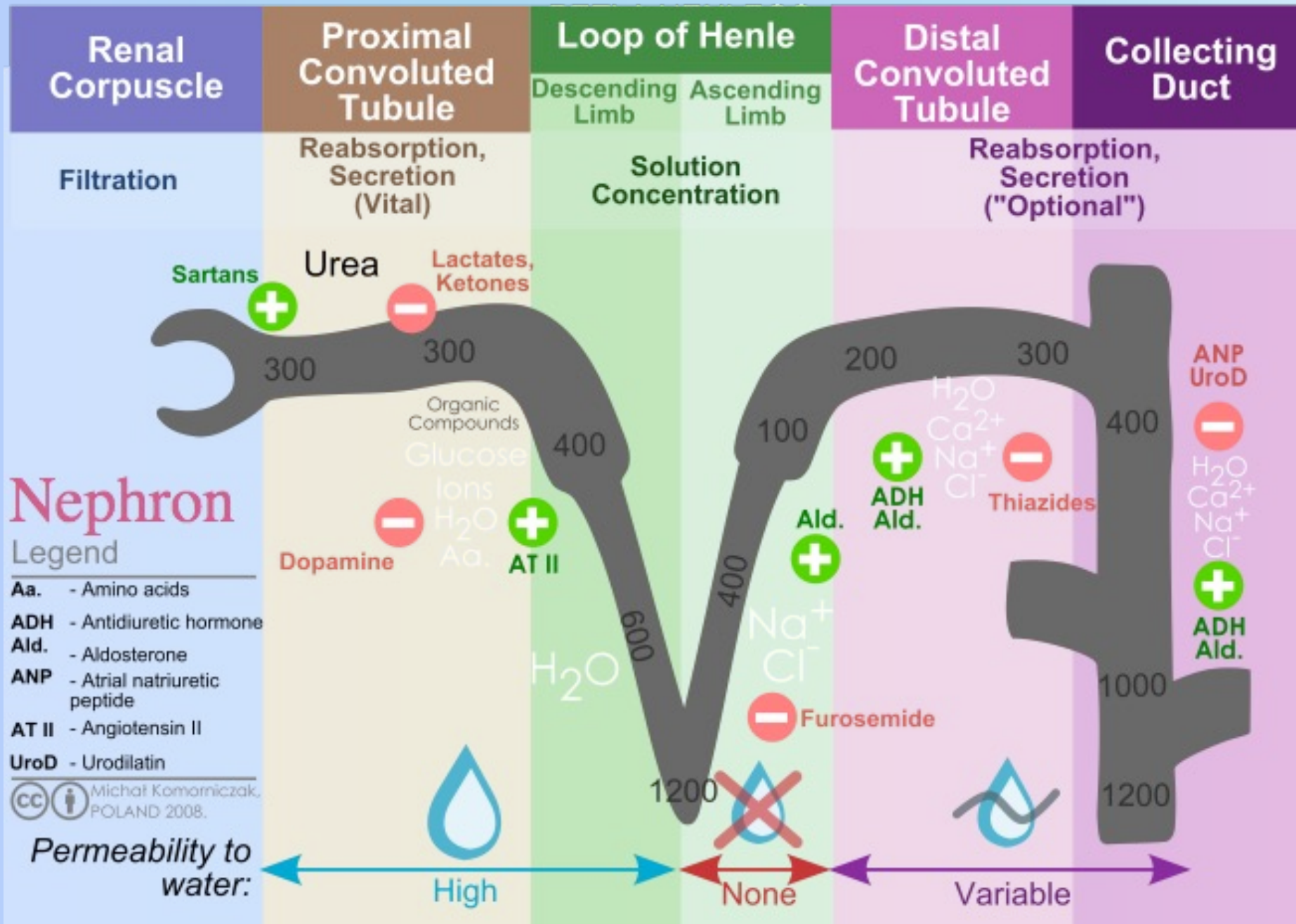
Urine concentration

RAAS

Kidney functions

- Excrete waste products: urea, uric acid, creatinine
- Water and electrolytes balance
- Acid/base balance
- Secrete:
 - Hormone: erythropoietin (blood cells growth)
 - Enzyme: Renin (convert angiotensinogen to angiotensin 1)
- Hydroxylate 25-hydroxy-vit D to active form vitamin D (1,25 dihydroxy-vit-D)

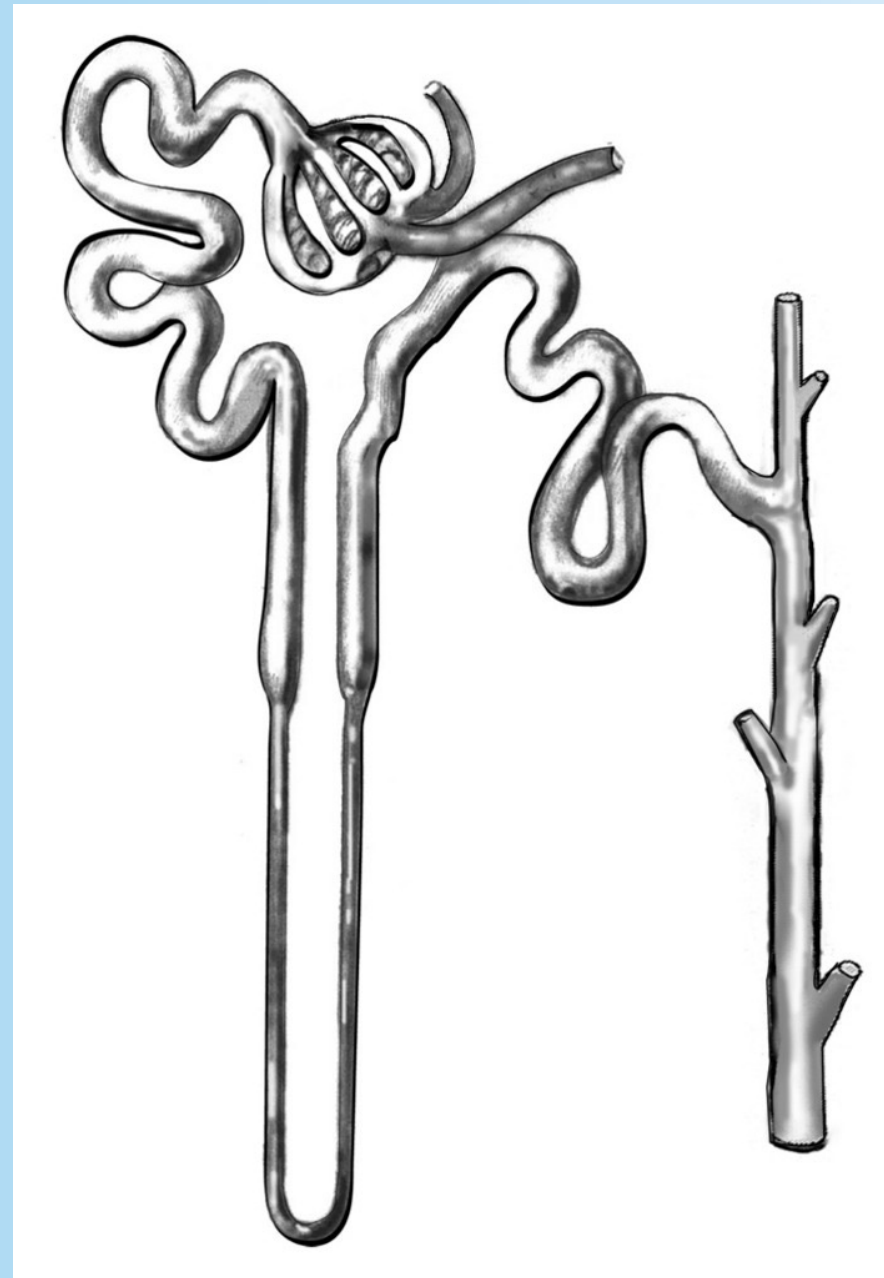




The Nephron

4 functions:

- Filtration
 - Blood
 - Starling forces
 - GFR
- Reabsorption
 - Tubular fluid -> blood
 - Solutes + water
- Secretion
 - Blood -> tubular fluid
 - Active transport
- Excretion
 - Urine
 - Filtered and not reabsorbed



Renal capsule

Afferent

Efferent blood

Filtration

Substances that pass through into the tubular fluid:

glucose

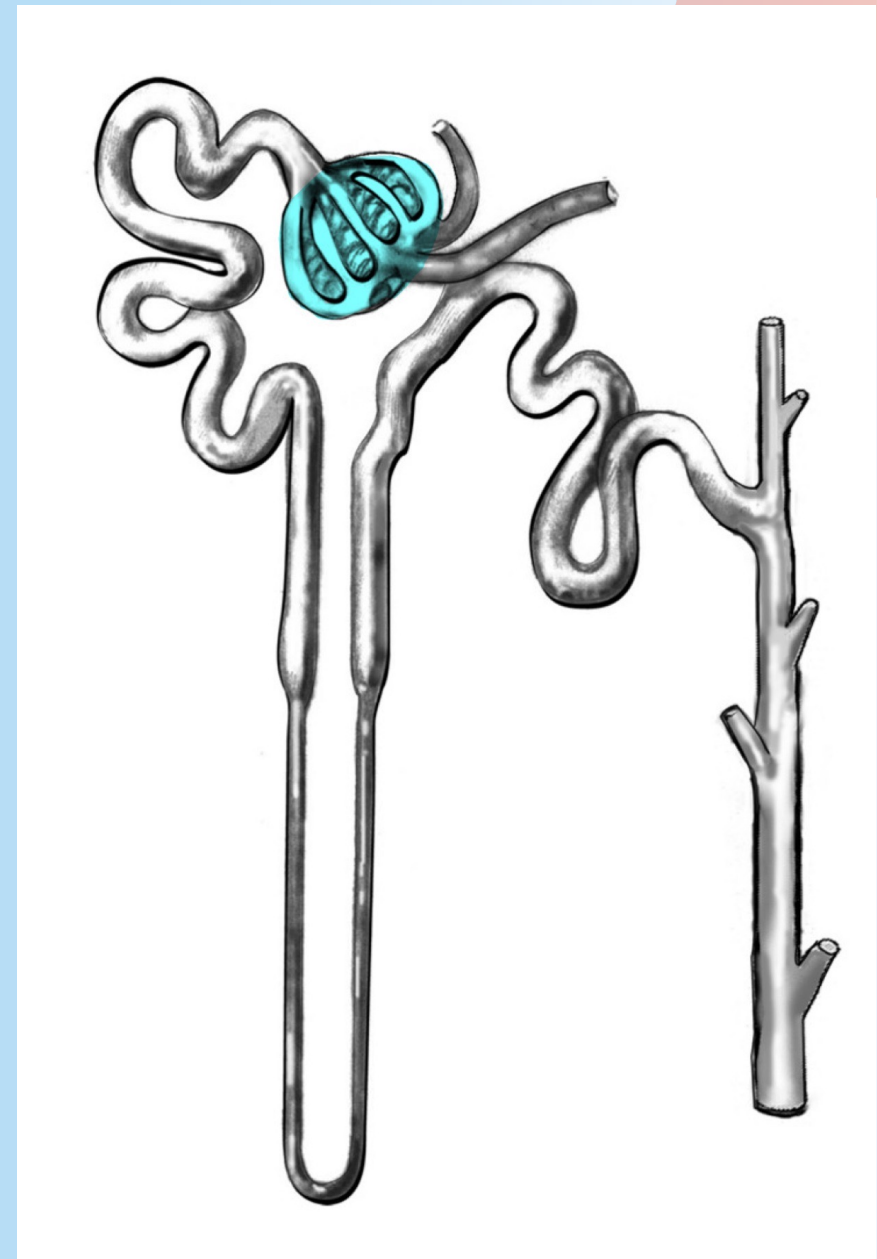
AA

water

salts (

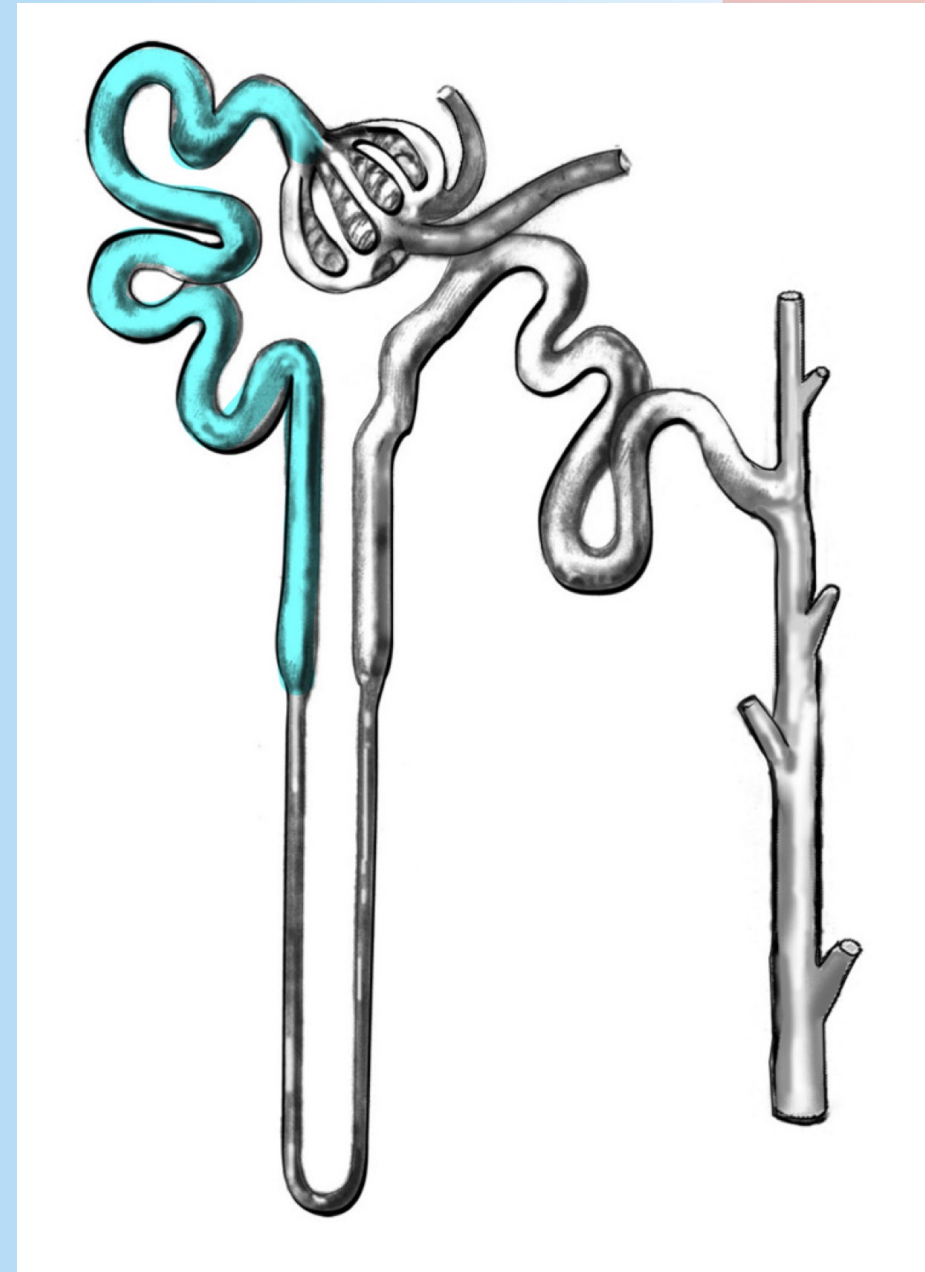
Small solutes are filtered more than big solutes

- Negatively charged endothelium
- Repels negatively charged solutes, attracts positively charged solutes

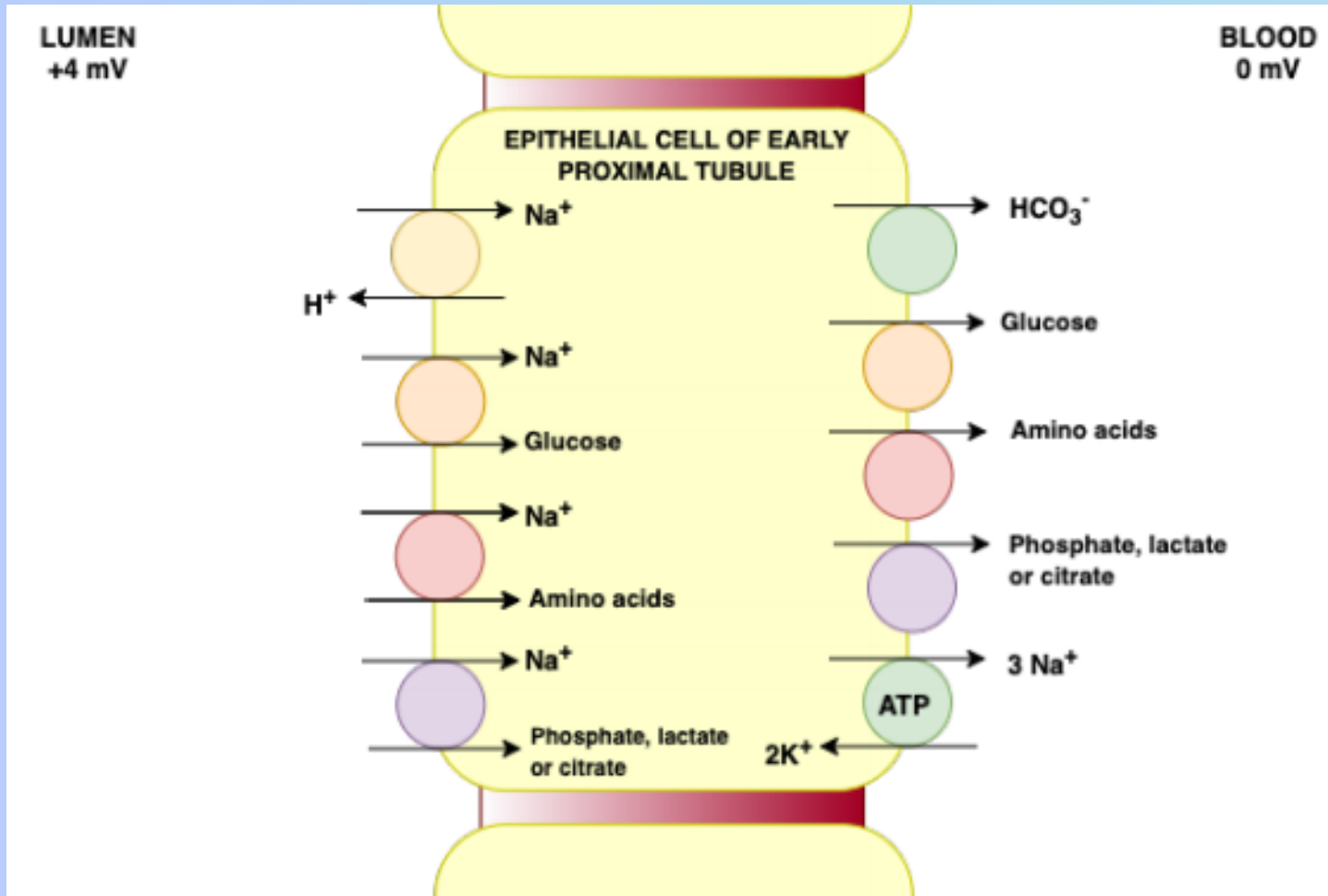


Proximal tubule

- Resorption of water (70-80%)
- Reabsorption Na^+ (around 2/3 of filtered Na^+)
- Resorption of ions (Na^+ , Cl^-), glucose, amino acids
- Bicarbonate reabsorption
- Membrane transporters
- Resorption of some metabolites and drugs
- Secretion of ammonia, urea, exogenous compounds

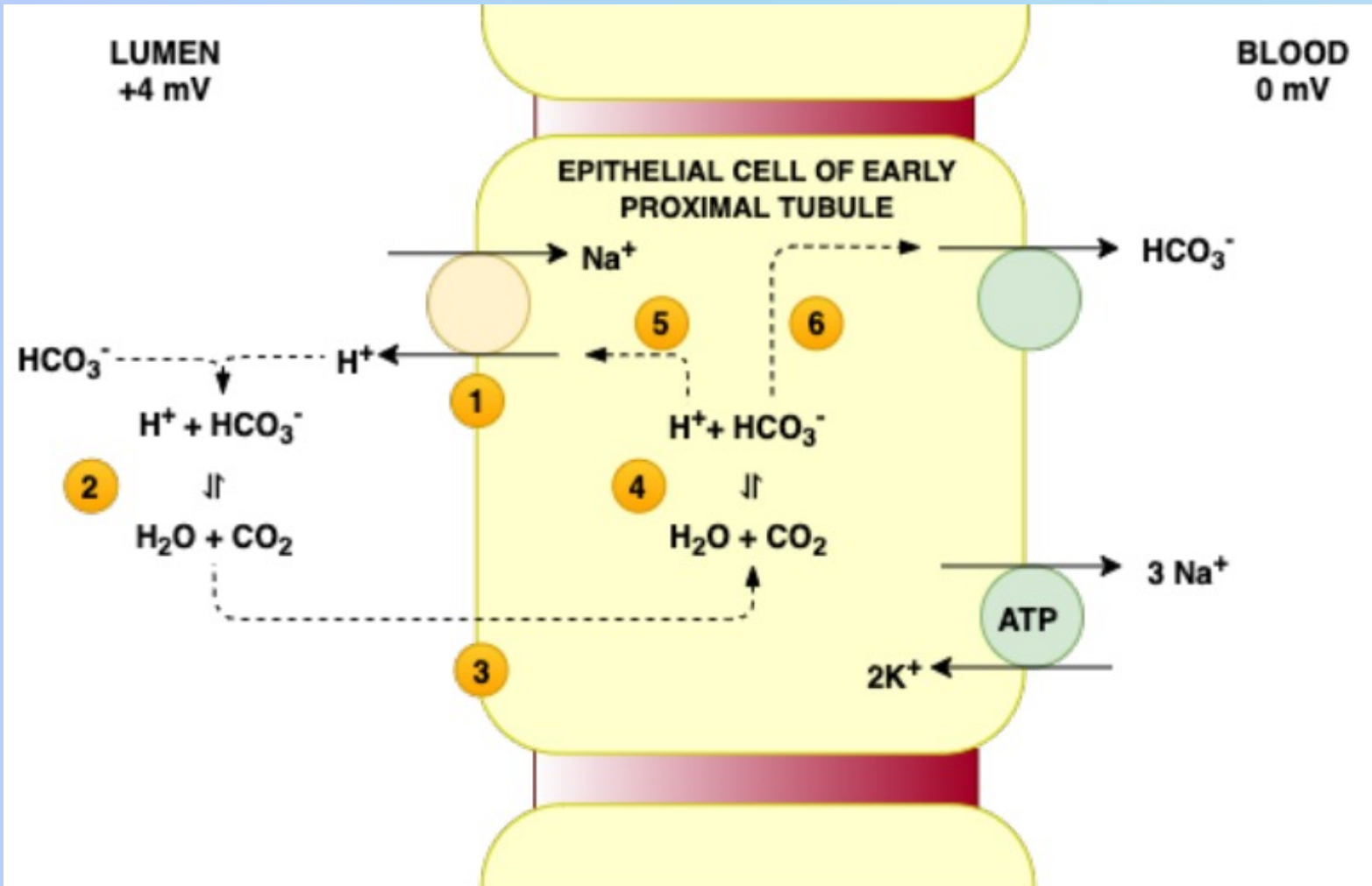


Transports in proximal tubule



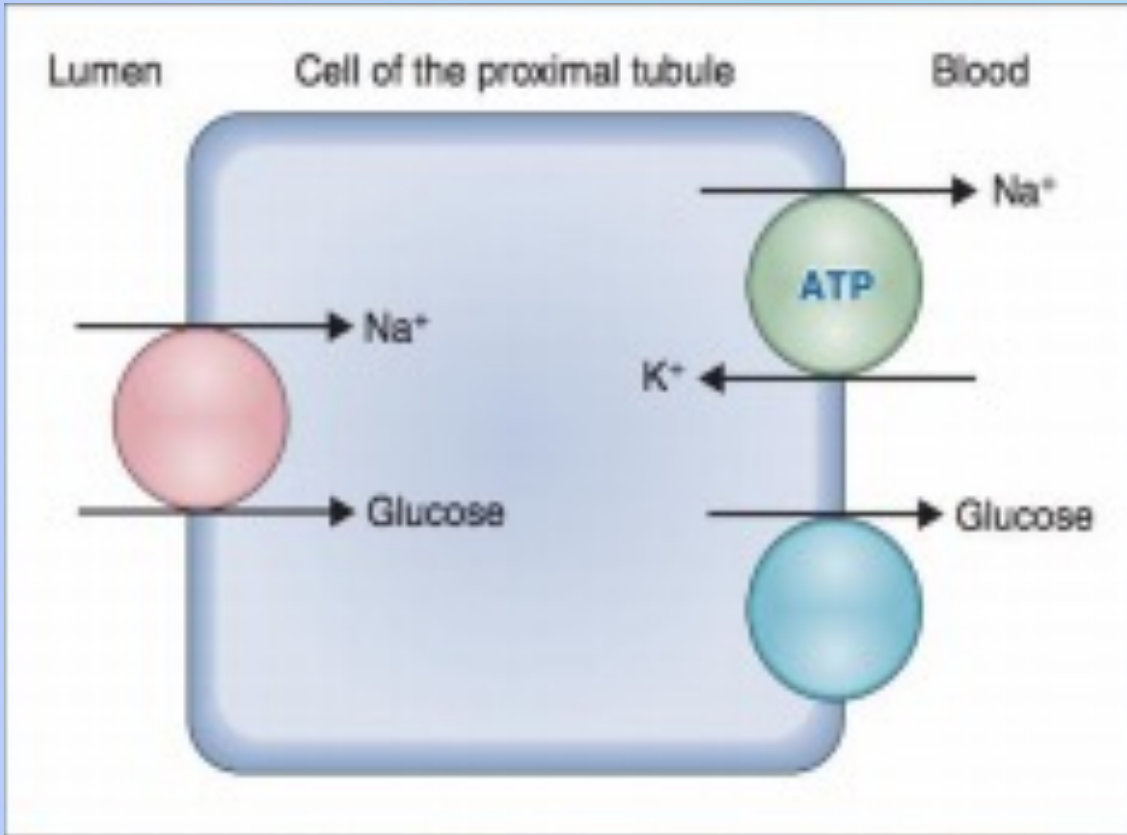
- 100% of filtered glucose
- 100% of amino acid
- 85% of filtered bicarbonate
- Most of phosphate, citrate and lactate
- Extensive sodium reabsorption

Transport HCO₃



1. Sodium (Na⁺) is absorbed from lumen in exchange for hydrogen (H⁺)
2. Hydrogen combines with bicarbonate – creating water and CO₂
3. Water and CO₂ diffuses back into the epithelial cell of the proximal tubule
4. Water and CO₂ is then reconverted to H⁺ and HCO₃⁻
5. H⁺ is transported to the lumen via the Na⁺-H⁺ exchanger
6. HCO₃⁻ is reabsorbed to blood via facilitated diffusion

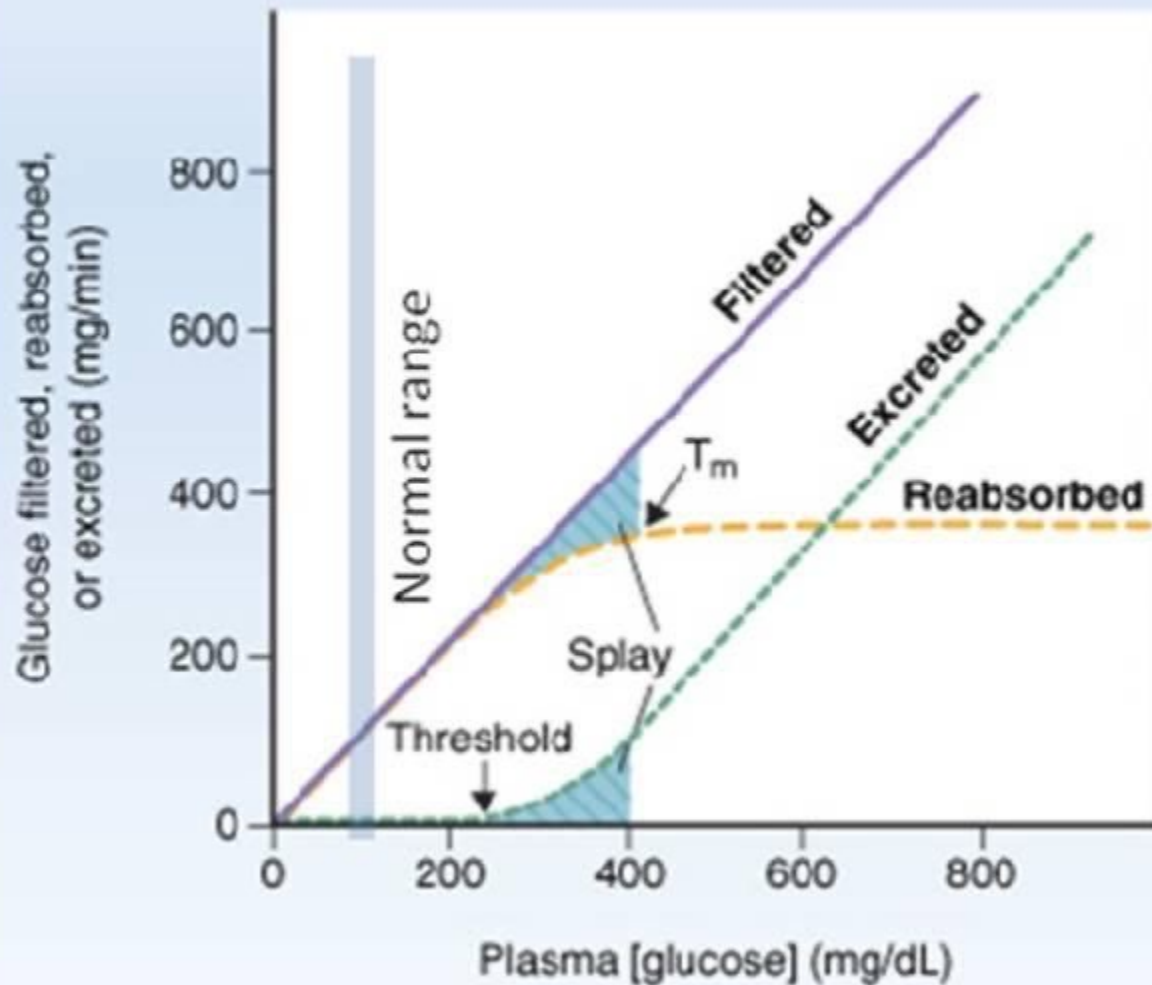
Glucose



- Na⁺-Glucose transporter (SGLT)
- secondary active transport
 - depends on luminal Na⁺
 - stimulated by [Na⁺]
 - linked to uptake of Na⁺
 - depends on rate of ATP production
- facilitated diffusion
- GLUT 1 and GLUT 2

Glucose titration curve

GLUCOSE TITRATION CURVE



- Normal glucose lv. and proper functioning kidneys show no glucose in urine
- More glucose in blood = More glucose is filtered
- Threshold at 200mg/dL (threshold is level at which glucose starts to be seen in urine)
- Splay (wiggle room for threshold cause some nephrons reach T_m faster than others)
- Fully saturated at 350mg/dL

Clinical: Glucosuria

T_m = maximal reabsorption rate GLU = carriers of GLU are saturated

Loop of Henle

Descending limb

highly permeable to water via AQP1 channels.

Uses counter current multiplication

(https://www.youtube.com/watch?v=cYyJF_aSC6o)

Very low amounts of urea, Na^+ and other ions reabsorbed.

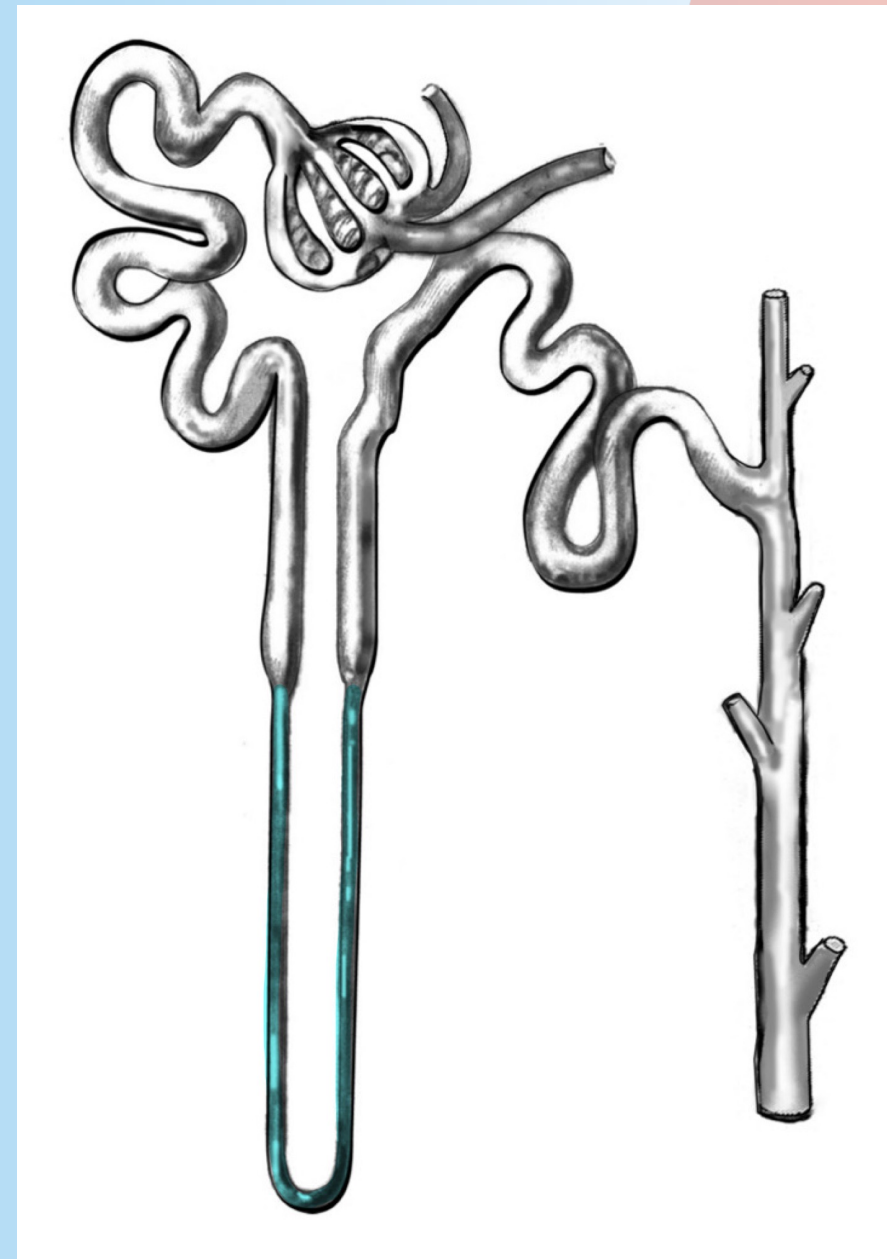
Ascending limb

2 parts thin and thick
Impermeable to water

Thin:
Passive reabsorption Na^+
interstitium becomes concentrated with ions, increasing the osmolarity

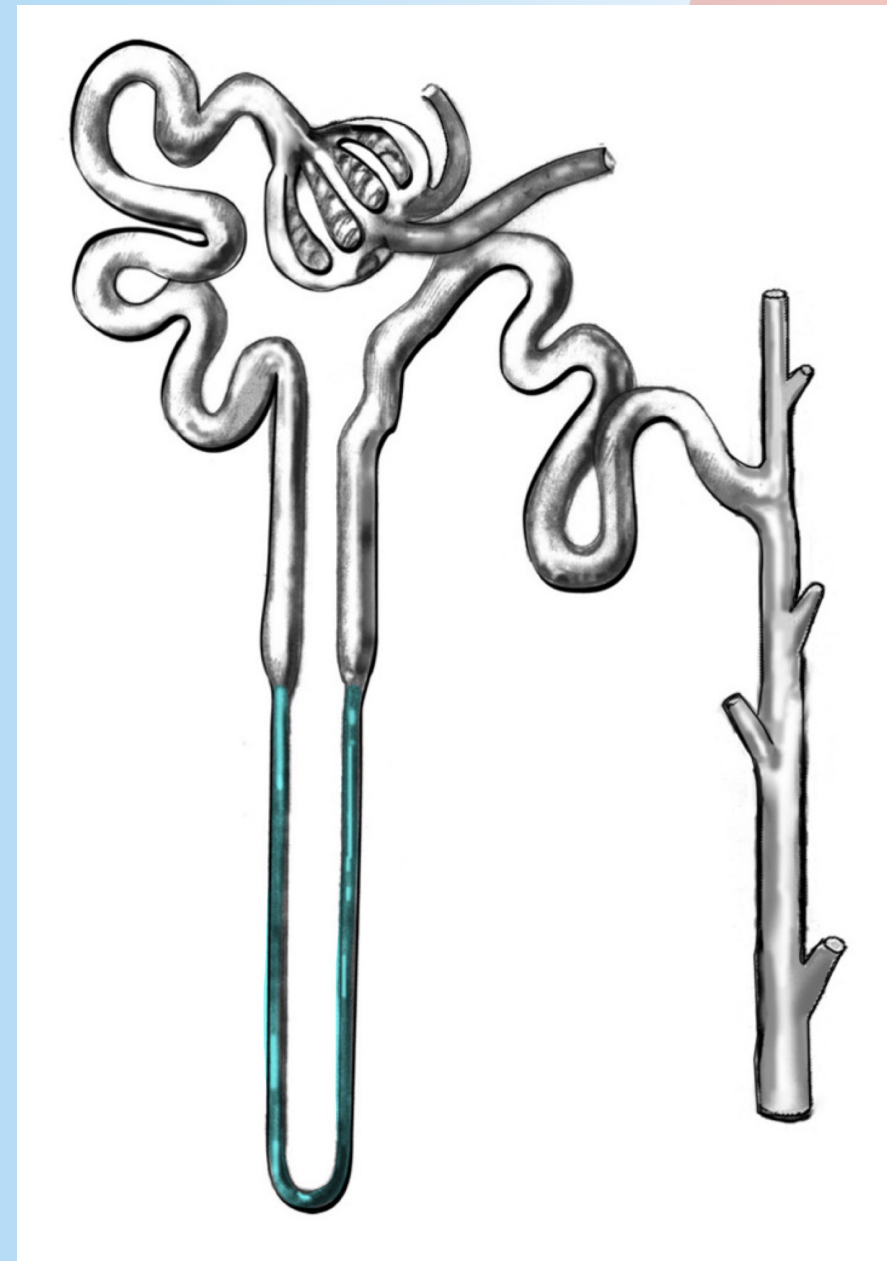
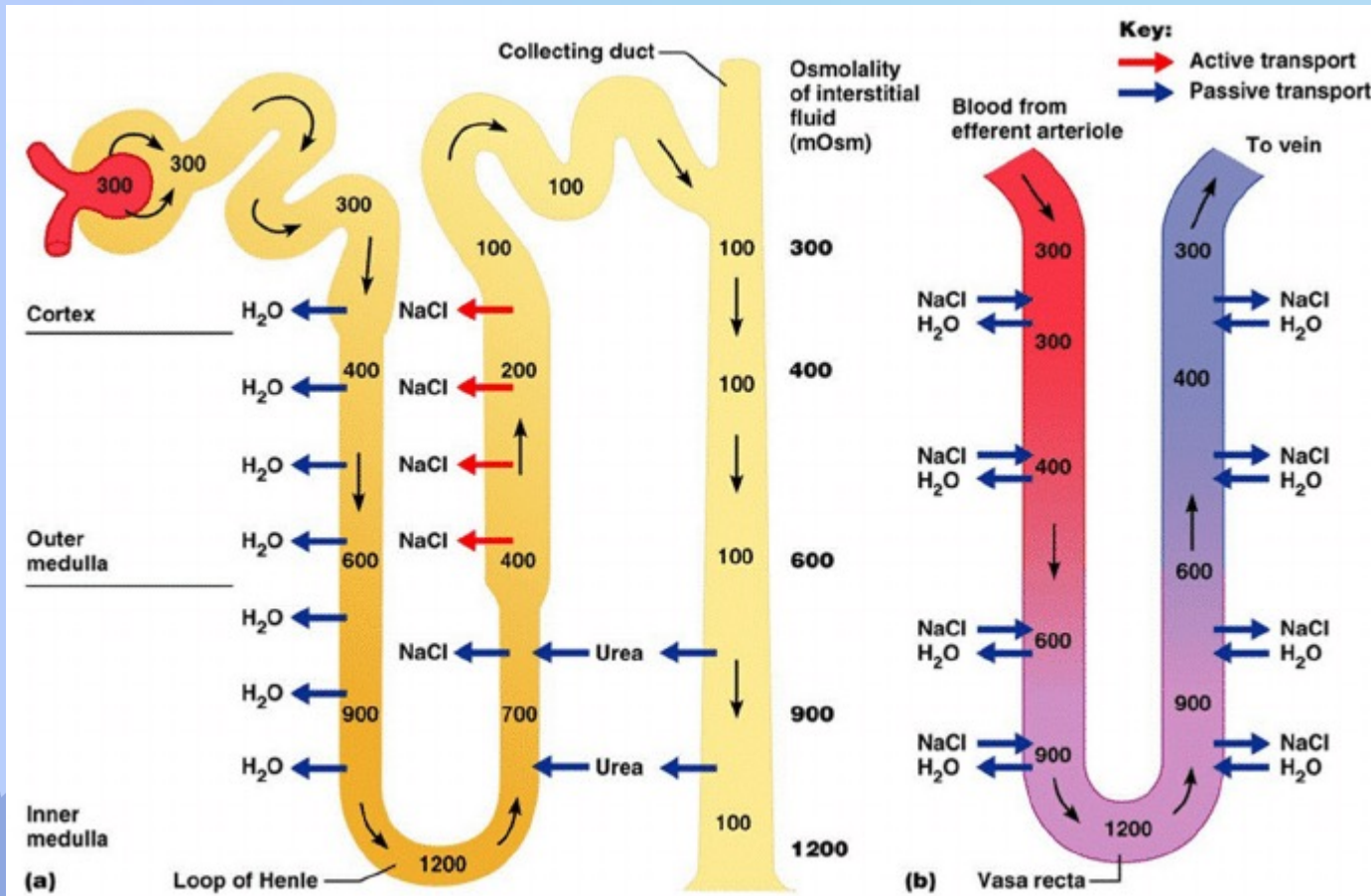
Thick:
 Na^+ reabsorption is active - the driver is the Na^+/K^+ ATPase

$\text{Na}^+/\text{K}^+/\text{Cl}^-$ symport into the



counter current multiplication

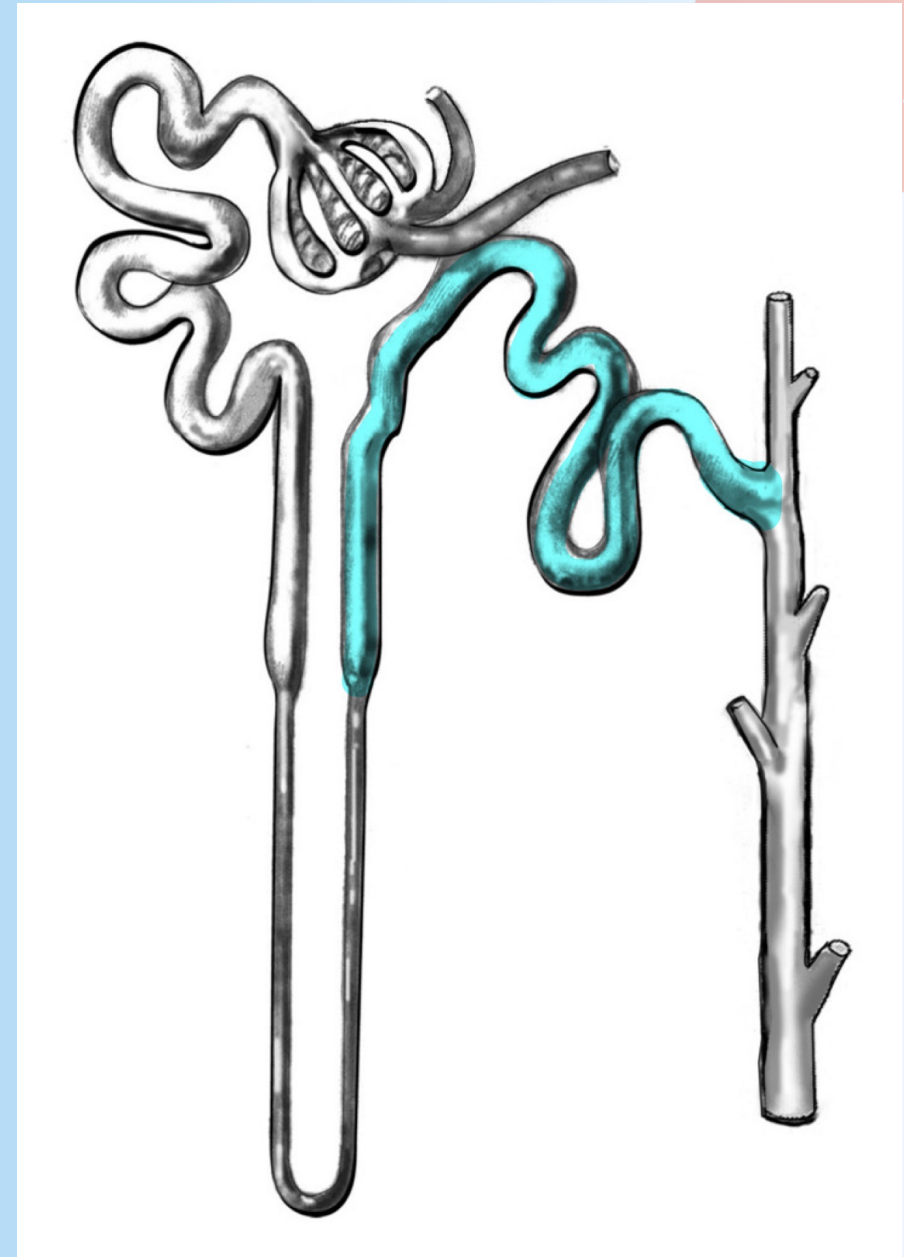
Remember osmolarity: water moves from area of low solute to high solute. (water moves from lower osmotic pressure to higher osmotic pressure.)



Thin descending limb	Thin Ascending limb	Thick Ascending limb
Permeable to water and small solutes (as NaCl and urea)	Permeable to NaCl Impermeable to water	Net reabsorption of Na ⁺ , K ⁺ and Cl Impermeable to water
Passive diffusion of solutes	Passive diffusion of solutes	Active reabsorption by Na ⁺ - K ⁺ - 2Cl ⁻ cotransporter.
Water moves out, solutes move in	Solute moves out, water remains in the lumen	Solute is reabsorbed, water remains in the lumen
Filtrate becomes more hyperosmotic as it moves down the thin descending limb	Filtrate becomes hypoosmotic as it moves up the thin ascending limb	Tubular fluid become more diluted

Distal tubule

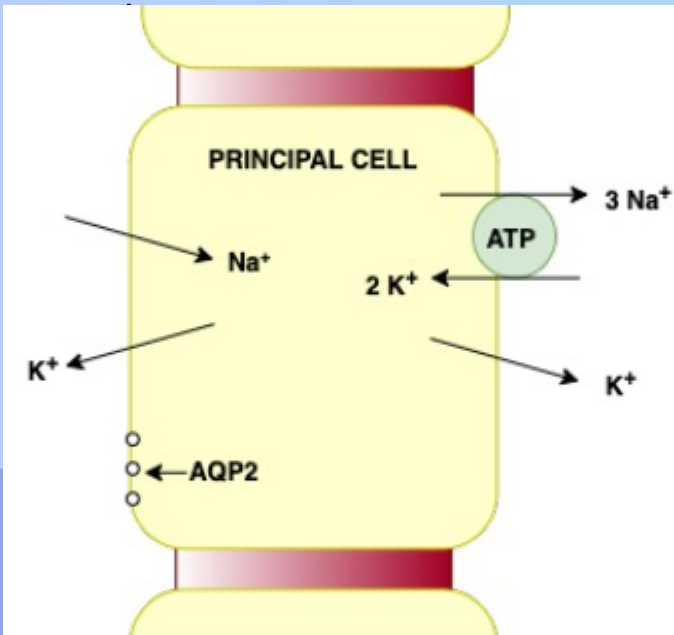
- Reabsorption of Na^+ , Cl^-
- Secretion of K^+ , H^+
- Controlled by aldosterone
- Acidifies urine



Collecting duct

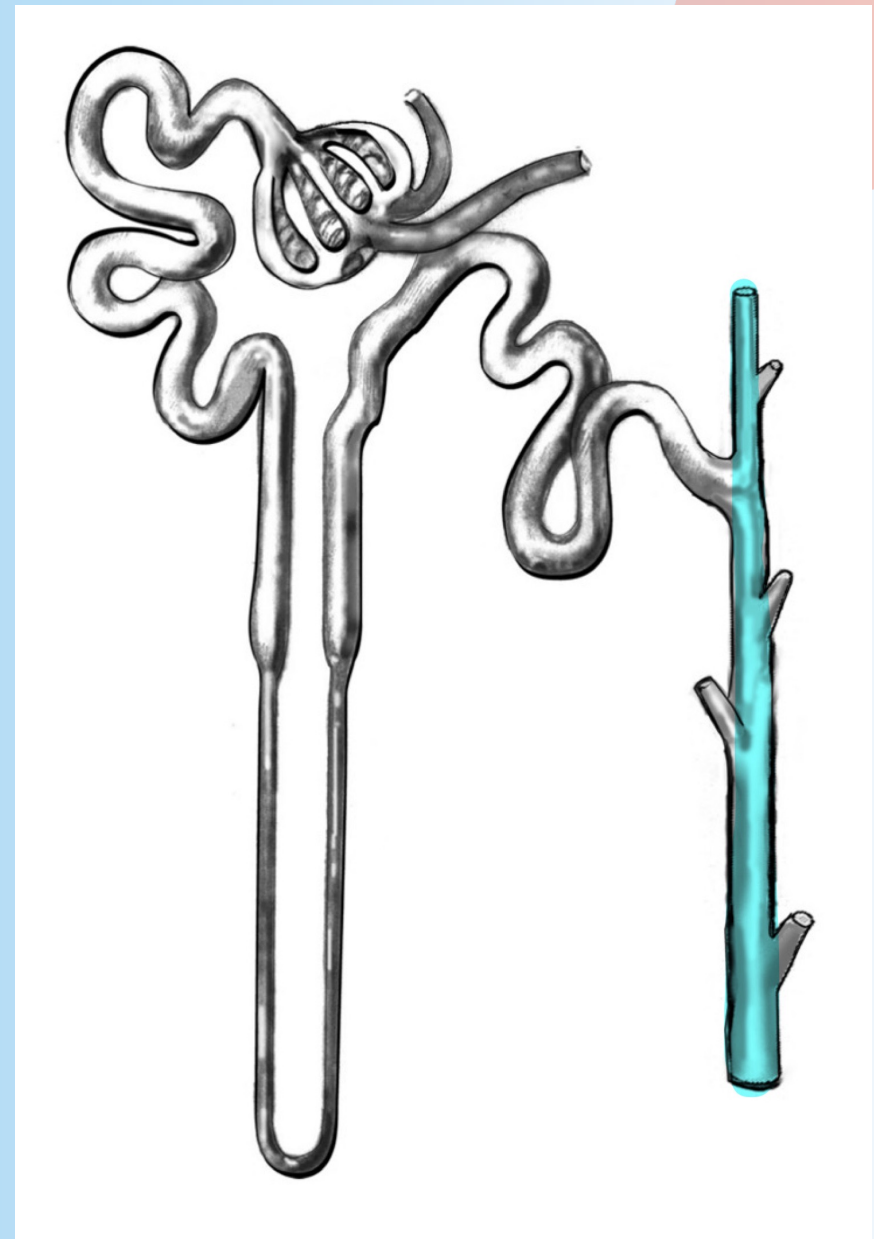
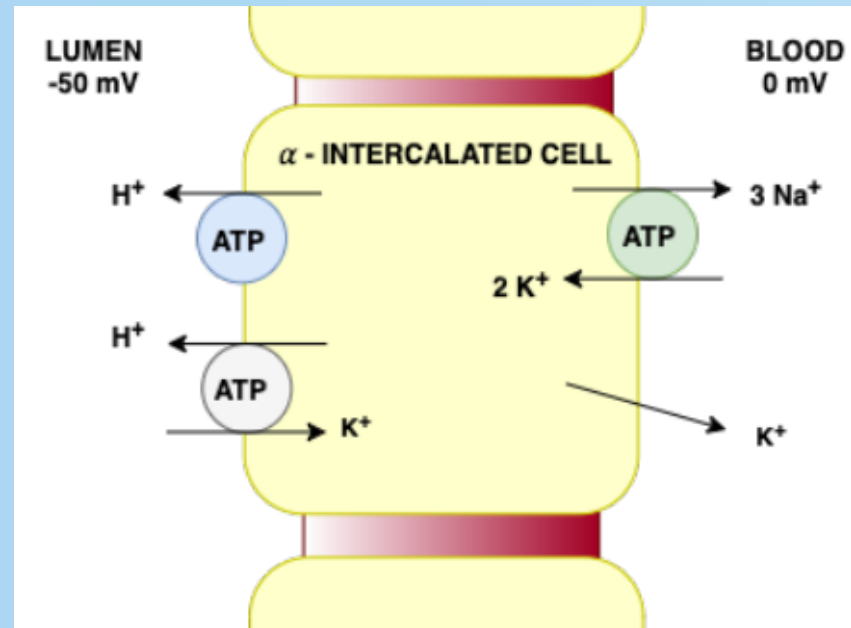
Principal cells

- Reabsorption Na^+ via Epithelial Na^+ channels
- Secretion K^+
- H_2O reabsorption (AQP2)
- Na^+/K^+ -ATPase pumps basal



Intercalated cells

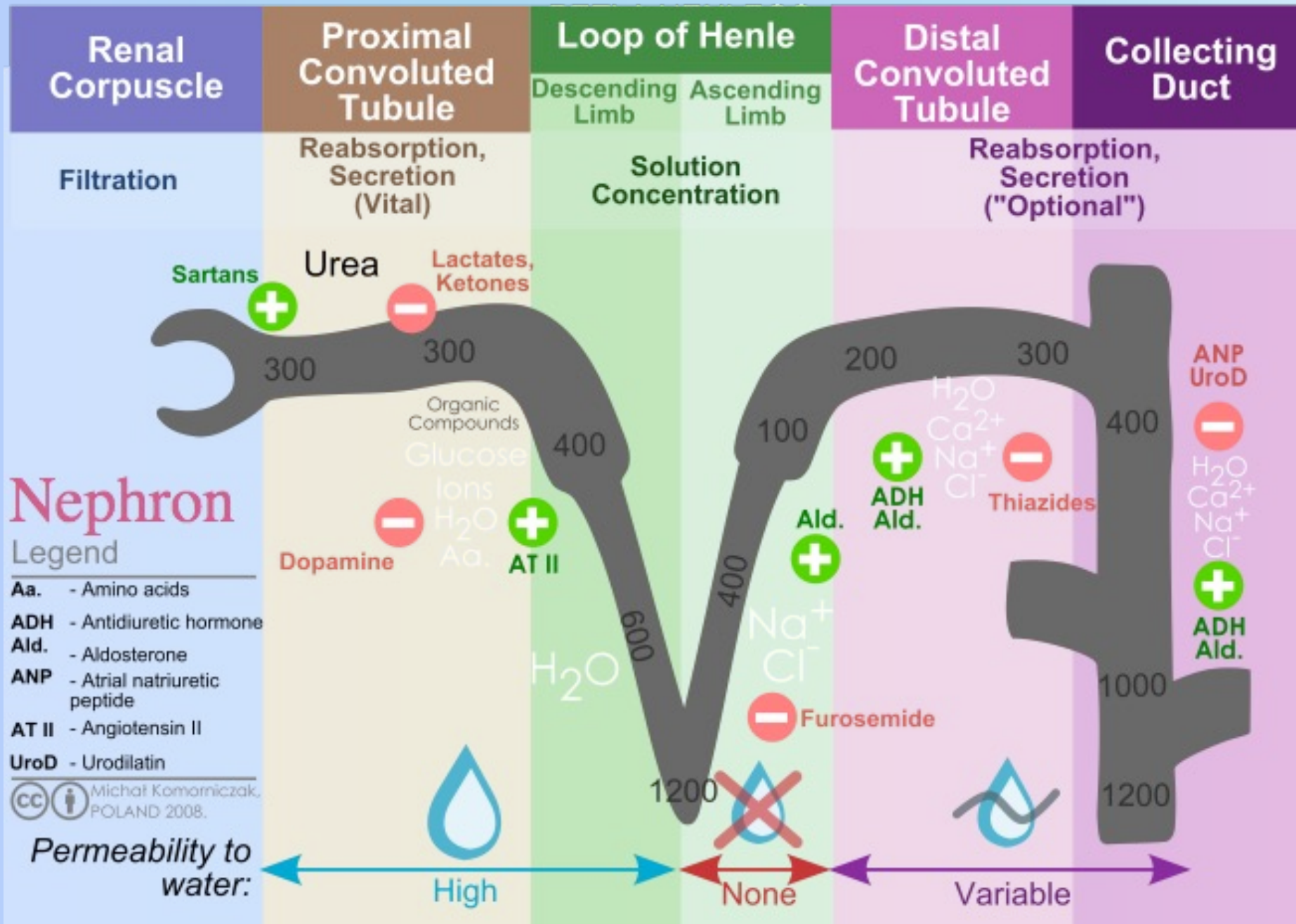
- α -intercalated cells:
- K^+ reabsorption
 - H^+ secretion





Segment/cell type	Major functions	Water permeability
proximal tubule	Isosmotic reabsorption of solute and water	Permeable
Thin descending limb	Reabsorption H ₂ O and NaCl from urine	Permeable
Thin ascending limb	Reabsorption of NaCl Dilution of tubular fluid Single effect of countercurrent multiplication Reabsorption of Ca ²⁺ and Mg ²⁺	Impermeable
Early distal tubule	Reabsorption of NaCl Dilution of tubular fluid	Impermeable
Late distal tubule and collecting ducts		
Principal cells	Reabsorption of NaCl K ⁺ secretion Regulate water reabsorption	Permeable with ADH present
α-intercalated cells	K ⁺ reabsorption H ⁺ secretion	Not relevant







Woo-clap!!

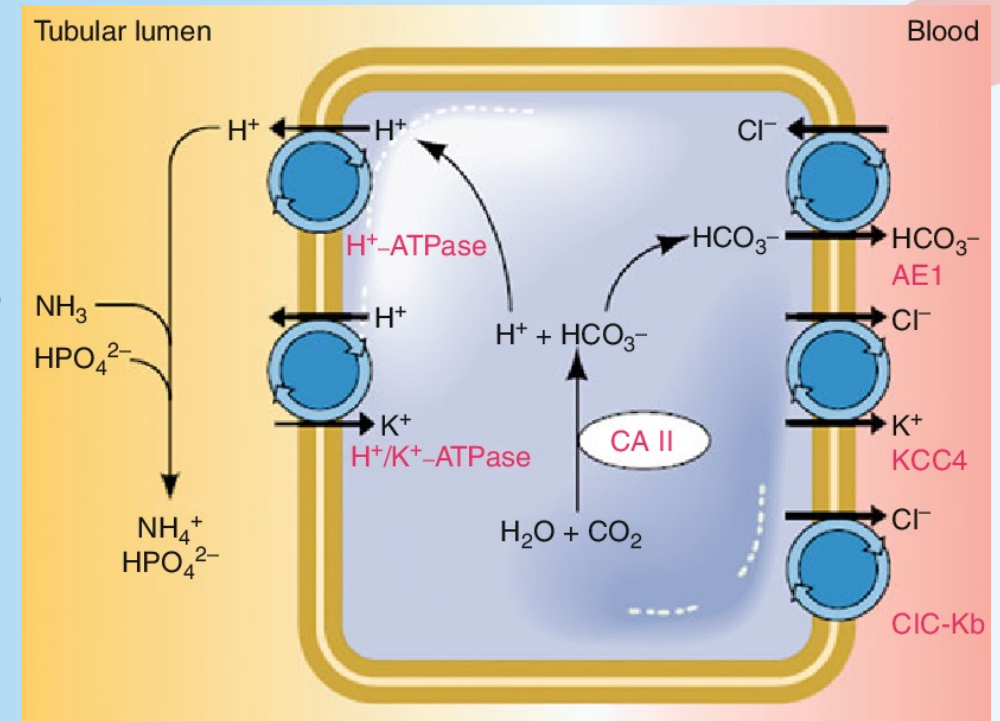


WEB

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Urine concentration

- The nephrons of the **kidneys** process blood and create **urine** through a process of filtration, reabsorption, and secretion.
- **Urine** is about 95% water and 5% waste products.
- Nitrogenous wastes excreted in **urine** include urea, creatinine, ammonia, and uric acid.
- These wastes come from PT cells in response to acid/base balance.



Proximal tubule

- Resorption of water (70-80%)
- Reabsorption Na^+ (around 2/3 of filtered Na^+)
- Release ammonia

Loop of henle

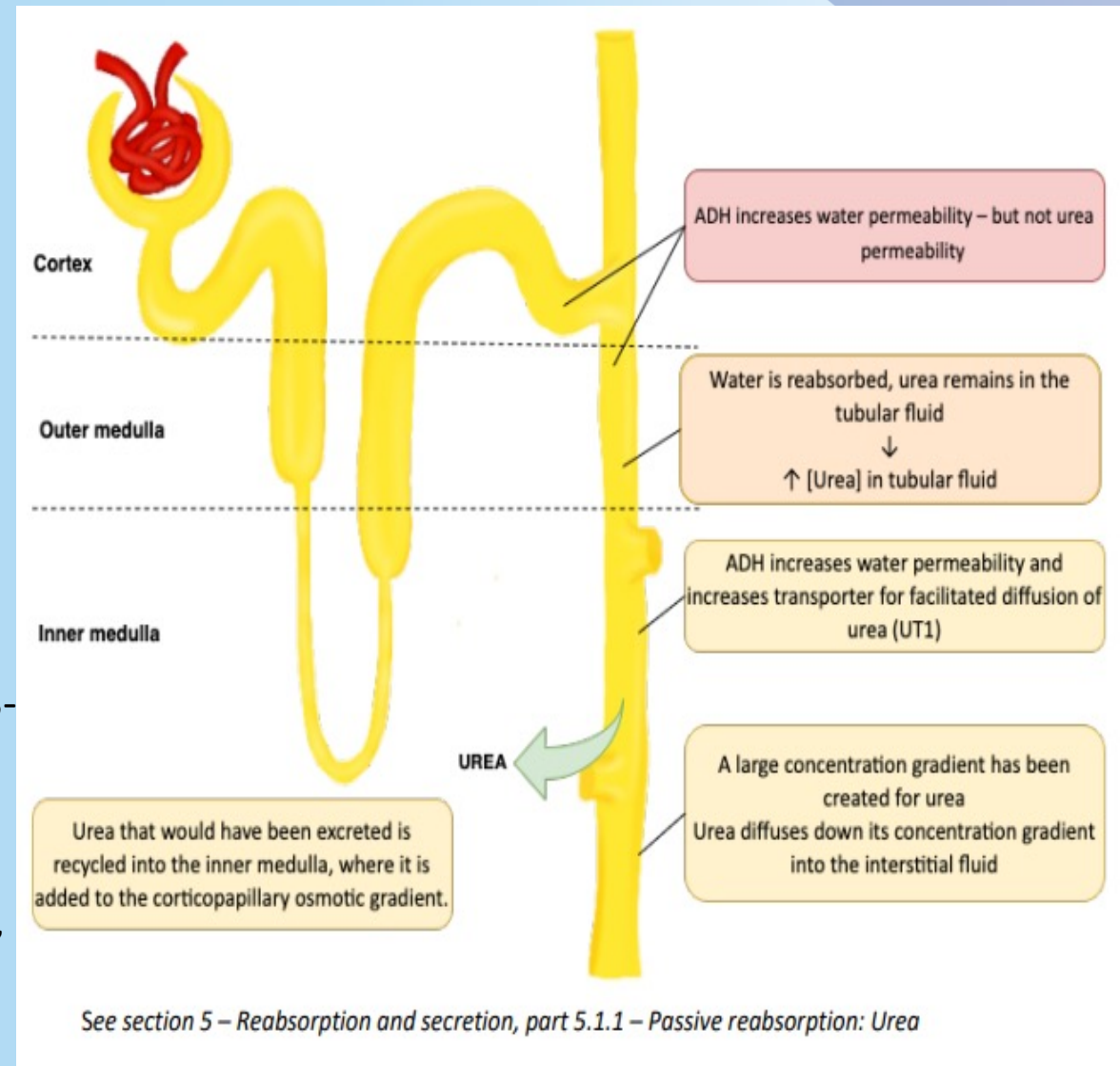
- descending part: H_2O reabsorption
- ascending part: Na^+ , NaCl reabsorption

Distal tubule

- Reabsorption of Na^+ , Cl^-
- Secretion of K^+ , H^+
- Acidifies urine via reabsorbing portion of the filtered HCO_3^- (base) from PT

Collecting duct

- Resorption of water via Membrane channels (aquaporins), mediated by ADH
- Intercalated cells make ammonium
- Principal cells: Na^+ channels, K^+ channels H_2O reabsorption (AQP2)



End : 95% water and 5% waste products.

RAAS

Renin-angiotensin-aldosterone system

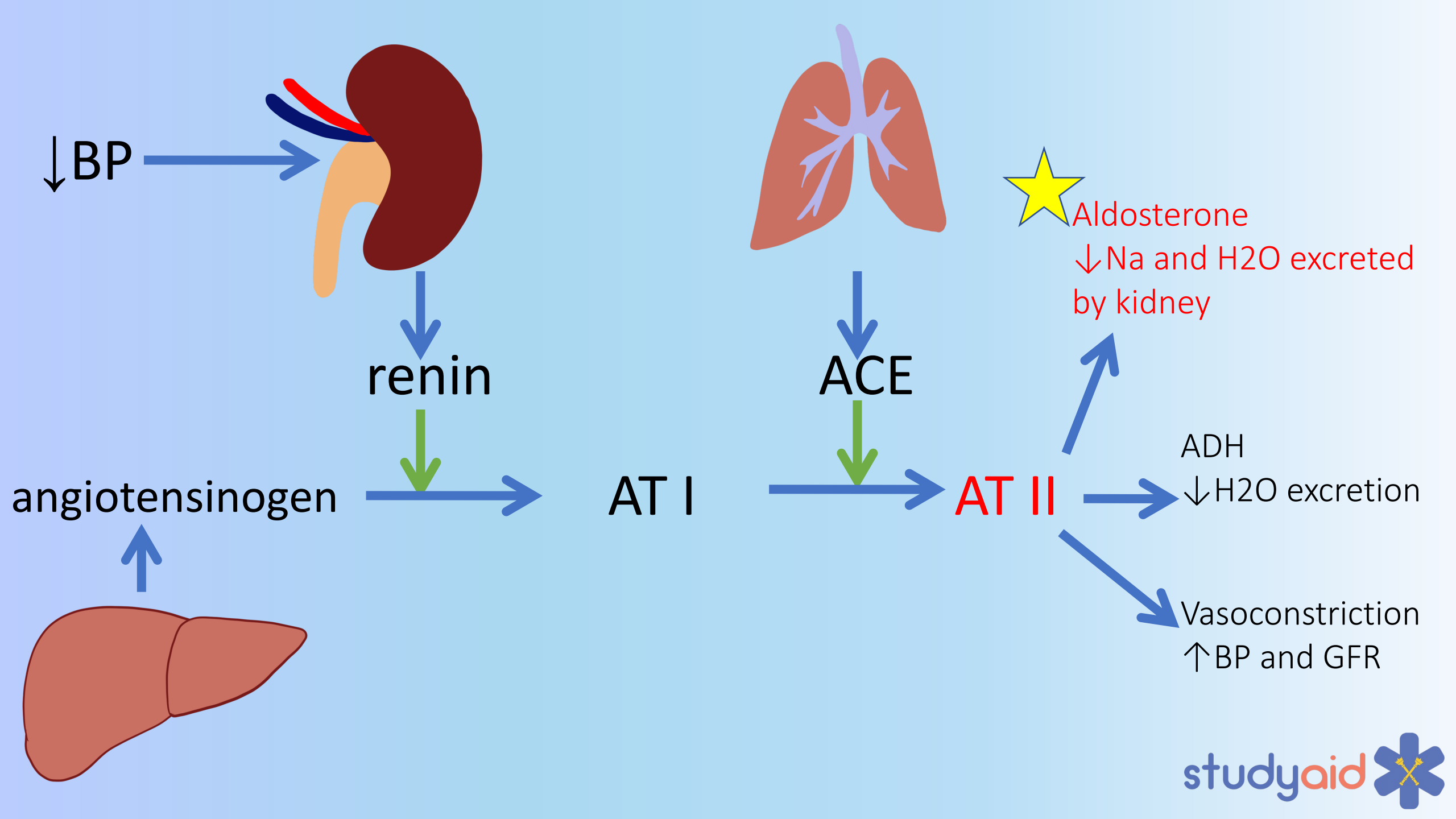
Blood Pressure Regulation

Baroreceptor Reflex

- Neurally mediated
- Fast
- Respond to change in Arterial pressure (Pa)

RAAS

- Hormonally mediated
- Slow
- Respond to change in Arterial pressure (Pa)



RAAS

1. Kidney sense low blood pressure
2. Release renin
3. Renin converts agiotensinogen -> angiotensin 1
4. ACE (angiotensin-converting enzyme) converts angiotensin 1 -> angiotensin 2
5. Angiotensin 2 stimulates aldosterone, ADH and thirst
6. Aldosterone cause kidney reabsorption of Na⁺, ADH increases water uptake
7. Water follows sodium
8. Blood volume increases, pressure increases



Woo-clap!!



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Good luck :)